

FAMILY FALL FESTIVAL & CRAFT FAIR

Join us for our Family Fall Festival & Craft Fair! Enjoy a weekend filled with local vendors, delicious fall drinks, food trucks, costume contests, and trick-or-treating fun.

Bring the whole family to celebrate the season—soak in the crisp autumn air, sip on cozy drinks, and enjoy all things fall with us!

COMING SOON

- Saturday Night
 Dance Sept. 20
- Family Fall Festival &
 Craft Fair Oct. 24 & 25
- Veterans Day Breakfast
 - Nov. 10
- Holiday Craft Fair Dec. 5 & 6

WHAT'S INSIDE

- Message from our CEO
- Monthly Calendar
- Meals on Wheels Menu
- Upcoming Event Dates
- New Recipe



THANK YOU FOR A WONDERFUL PET FAIR!





THE FIRST DAY OF FALL - SEPTEMBER 22



CEO Letter from the Director

August came and went much like the rain. Although we didn't get much, it was badly needed, and we are grateful for every drop.

We are especially thankful to SNP for their generous \$500 donation to our **Kids Kloset**. This program is close to our hearts, providing clothes, shoes, and other essentials to families in need—many of whom are experiencing homelessness. With your continued kindness and support, we are working toward our goal of raising **\$10,000** for **Kids Kloset** by the end of the year.

To help us reach this goal, we are offering several **pie and fudge pre-orders**. These homemade pies will be perfect for your holiday gatherings! You can place your pre-order at the front desk. Thank you for considering supporting this effort—it truly makes a difference.

WHAT'S NEW AT THE CENTER

We are looking to expand our **fitness and art classes** in the coming months. Please let us know what types of classes you would be most interested in attending—your input helps guide our programming. If you know of any talented instructors or new teachers who might be a great fit for our community, we'd love for you to share their information with us!

We are also excited to announce that, after much effort, we have been **graciously** awarded several grants that will allow us to purchase brand new fitness equipment. The process has already begun, and we expect to see the fitness room transform over the next three months. We can't wait to share these improvements with you!

ALL ABOUT ALORA

Our sweet Alora will be six months old on the 5th! It's hard to believe how quickly time is flying. She continues to be full of smiles and recently went on her very first big adventure—to Oregon! It was also her first flight, and she did so wonderfully. On the way home, our plane had to land in Las Vegas to wait out a haboob, and we were on board for over 7.5 hours. Through it all, Alora was content and happy, showing her bright spirit.

At home, she is now rolling over and growing stronger every day, though she hasn't quite started crawling yet. We are savoring every moment of this stage and are so thankful for the joy she brings.

Kathy Mc Fadden, CEO

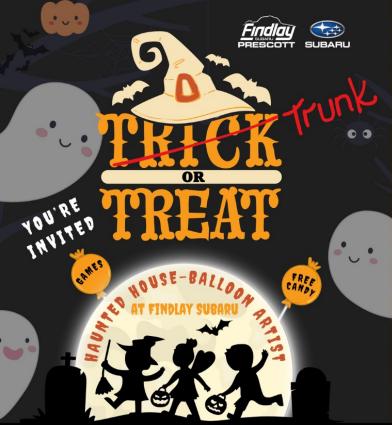


Family Fall Festival

Craft Fair

October 24 & 25 10am-3pm





SATURDAY, OCTOBER 25, 2025 | 3PM-6PM

JOIN US FREE AT FINDLAY SUBARU PRESCOTT FOR CANDY, GAMES, A HAUNTED HOUSE, AND BALLOON ARTIST 3230 WILLOW CREEK ROAD, PRESCOTT, AZ 928-771-6995 FINDLAYSURADIDDRESCOTT COM Join

The Center on Rosser

3

Findlay Subaru Prescott

For a full day of Fall family fun!

Join us for The Center on Rosser's Fall Festival, happening October 24 & 25 from 10–3.

Shop over 40 local vendors, enjoy safe trick-or-treating, enter the costume contest, snap family fall photos, and grab something tasty from our food trucks and fall treats.

On **Saturday, October 25**, the fun doesn't stop at 3! Head over to **Findlay Subaru Prescott** (3pm-6pm) for trunkor-treat, a haunted house, and plenty of family-friendly games.

One weekend, two days, and double the fun—don't miss it!



BUSINESS MEMBERS NEWS & EVENTS



The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future.

September Social Security Seminar -

September 9 & 17 October 7 & 15



"Spin to Win, Summer Spin Out Hot Seat winners spin Fridays and Saturdays in September to win up to \$500 at both Casinos! Wheel Spinning takes place 3 p.m. to 7 p.m. at Yavapai Casino and 6 p.m. to 10 p.m. at Bucky's Casino. Double the Rush! buckyscasino.com

Gambling problem? Call 1-800-NEXTSTEP



Reverse Mortgage Lunch & Learn September 23 11:30am-1:00pm Yavapai Title Agency 1235 E Gurley St, Prescott, AZ 86301

RSVP:

https://www.arizonareversemortgages.net/events/



Mark your calendars for the Free Brain Bootcamp Resource event, Saturday, September 6th at Yavapai College Blvd 9:30-1:30

Call Prescott Hearing for your FREE Hearing
Assessment
928-899-8104

















Silver



Bronze









Frontier Financial







ograms to our members who count on daily activities, events and quality social time



1280 E. Rosser St, Prescott 928-778-3000 For more information: thecenteronrosser.org

Please contact us if you are interested in sponsoring or volunteering future events.





BOB POSS PAINTING CLASS

CREATE YOUR OWN MASTERPIECE

SEPTEMBER 26 10 A M \$85 PER PERSON



SIGN UP IN ADVANCE AT THE FRONT DESK

CANDY DONATIONS:

We are now collecting candy for our Trick-or-Treat event at the Family Fall Festival!

Please bring new, pre-wrapped, snack-sized candy to the donation box located in the Lobby of The Center.

Thank you for helping us make this a sweet and safe experience for all our little festival-goers!/





DevotedHealth

Vicki Holmes

Community Outreach Specialist 928.830.4744 vicki.holmes@devoted.com

www.devoted.com

A CONTRACTOR

INMAN LAW PLLC

Elder Law, Estate Planning & Probate Guardianships & Conservatorships

Chris A. Inman Attorney at Law

Chris@InmanLawAZ.com



phone (928) 445-1514 | 923 East Gurley Street, Suite 202 fax (928) 492-1099 | Prescott, Arizona 86301



Become a

We appreciate you!

We are inviting our valued members to join our new program called GEMs - those who Give Every Month in support of The Center.

What are the benefits of becoming a monthly donor?

- · You provide the stable, predictable base of support we can count on.
- · You help us empower more adults to lead enriched lives than ever before.
- · You make us more efficient and innovative.
- · You get updates on your on your impact.
- · It's convenient with just one form to fill out.

Just \$5 or \$10 a month will make a huge impact!

Easy to donate!

See the front desk for a donation form.







Individualized Care Plans

Dave Hummel

Director of Care

Prescott (928) 642-4683 Mobile (480) 390-7305

Email: day=@cardinalhomecare.com

117171. Cardina Home Care. com

LOCALLY OWNED

- Individualized Home Care Assistance Plans
- We provide Non-Medical Caregivers

"Are you looking for a caregiver for a loved one?"

Call for a free consultation

Mention this ad & receive a 10% discount off services

Ronnie DeBenedetta dance classes Tuesdays Beginners Nightclub 2-Step - 6:30

Introduction to Progressive 2-Step- 7:30

\$40 per class - Drop-in for \$15

Saturday Night Dance

with Ronnie DeBenedetta & Pam Ford \$15 per person

September 20th

6:30 - 7:15pm Class

7:15 - 10:00pm Open Dance

with DJ Butch Viola

Masquerade Ball - October 25



Non-Member Price for Activities \$10

Non-Member for Bridge \$12 to \$15

Closed - September 1st for Labor Day

Day	Program/Activity	AM/PM	Members
MONDAY	Movin' w/June - Cancelled 9/1	8:30 AM	\$8
	In the Middle Line Dance w/Cindy Cancelled 9/1	9:30 AM	\$8
	Strength & Balance w/Joy Cancelled 9/1	9:30 AM	\$9
	Zumba w/Kay Cancelled 9/1	11:30AM	\$8
	Hand & Foot Canasta Cancelled 9/1	12:00 PM	\$5
	ACBL Sanctioned Bridge Cancelled 9/1	12:00 PM	\$8
	Non-Sanctioned Bridge Cancelled 9/1	12:00 PM	\$7
	Integrated Exercise Yoga/Qigong/Pilates w/Roma Cancelled 9/1	12:15 PM	\$8
	Raskins Jewelers - Cleaning & watch repair - 9/15	12:30 PM	FREE
	Tai Chi & Qigong w/Roma Cancelled 9/1	1:30 PM	\$8
	All Levels Yoga w/Katy	8:40 AM	\$9
	Meditation w/Peg	9:00 AM	\$5
~	Strength & Balance w/Joy - 1 Hour	9:00 AM	\$9
DA	Balance Tai Chi Movements w/Joy - 30 minutes	10:00 AM	\$5
TUESDAY	Basic Beginner Line Dance w/CindyLou Cancelled 9/2	10:00 AM	\$8
	Weights & Balls on Chair w/Katy Kolasa	10:00 AM	\$9
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Chair Yoga w/Joy	11:15 AM	\$9
	ACBL Sanctioned Bridge	12:00 PM	\$8
	Intermediate Line Dance w/Barb	3:00 PM	\$8
	Social Security Seminar - 9/9	6:00 PM	Free
	Intermediate Progressive Two-Step w/Ronnie	6:30 PM	\$15
	Intermediate West Coast Swing Two-Step w/Ronnie	7:30 PM	\$15
	Strength & Balance w/Joy	9:30 AM	\$9
⋧	All Levels Yoga w/Katy	11:00 AM	\$9
WEDNESDAY	Elder & Vulnerable Adult Abuse 9/10	11:00AM	Free
	ACBL Sanctioned Bridge	12:00 PM	\$8
	AZ Territorial Society - Mexican Heritage 9/17	1:00 PM	Free
	Zumba with Kay	1:00 PM	\$8
	Social Security Seminar - 9/17	6:00 PM	Free

September Events & Activities

Day	Program/Activity	AM/PM	Member Fee
	Strategic Network Partners	7:30 AM	Free
	Movin w/June	9:00 AM	\$8
	All Levels Yoga w/Katy	8:40 AM	\$9
	Strength & Balance w/Joy - 1hr	9:00 AM	\$9
	Balance Tai Chi Movements w/Joy - 30 Minutes	10:00 AM	\$5
₹	Beginner Line Dance w/Sandi	10:00 AM	\$6
THURSDAY	German Conversation w/June	10:15 AM	\$8
물	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Chair Yoga w/Joy	11:15 AM	\$9
	BINGO - Games start at 1:30 pm, Doors open at Noon	12:00 PM	Per Game
	Hand & Foot Canasta	12:00 PM	\$5
	American Mahjongg - Beginners Welcome	1:00 PM	\$5
	Tai Chi w/Larry (Cancelled 9/11)	4:00 PM	\$8
Æ	Closed		
S/S	Ronnie Benedetta Saturday Night Dance - (9/20)	6:30 PM	\$15
	Union Church Services (Sundays)	10:00 AM	Free

Non-Member Price for Activities \$10 Non-Member for Bridge \$12 to \$15



Games start at 1:30pm

Looking for Bingo Volunteers: Caller, Cashier,

Assistants

See Front Desk for more information

Grand Canyon Education Academy

BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement

- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash Eliminating Debt Tax Planning

Upcoming Social Security Seminars at The Center

www.thecenteronrosser.org

All Seminars at 6:00 pm

September 9 & September 17

October 7 & October 15



www.grandcanyonedu.com

Puzzle 3

ACROSS

- 1) Distance across
- 5) Extremely awkward person, in slang
- 9) Fleet of foot
- 14) Fine-tune muscles
- 15) Solo delivered at the Met
- 16) Patty Hearst's SLA alias
- 17) Certain singing voice
- 18) Judge's seat in court
- 19) AARP and NAACP
- 20) Adhering to the rules 23) "Illmatic" rapper
- 24) Dietary fiber source
- 25) Volkswagen model
- 29) Trapped like
- 30) NFL tiebreaker periods
- 33) Thespian
- nine, out by five the crack of dawn
- 36) Hemming and hawing, e.g.

- 39) Highland hats
 - 40) Menu maker 41) "The
 - Sanctum"
 - 42) Cleopatra's feller?
 - 43) Cast a creepy glance
 - 44) Bad looks

 - 45) Prefix meaning "bull"
 - 46) Calendar mo. 47) Concluding times

 - 54) Fixes argyles
 - 55) Something to weave or spin
 - 56) Do business
 - 57) Silly as a goose
 - 58) 49-day liturgical season
 - 59) World's fair
 - 60) Le Pew and Le Moko
 - 61) Moistens flax
 - 62) Act the worrywart

DOWN

- 1) Alone at the prom
- Game of chukkers Opposition member
- Advertising sign
- Midnight assembly of witches
- 6) Emulates a mantis
- "If it ____ broke, don't fix it!"
 "Scrubs" star
- 9) Take a ___ (try)
- 10) Aired many words"
- 12) Stool pigeon
- 13) Prof's aides, briefly
- 21) Twist into a knot
- 22) Clio and Urania's sister
- 25) Naples staple
- 26) Serve in place of
- 27) It's often stuck in the corner 28) Fifth notes on a music scale
- 29) Subject of a management class 30) Make one's views known
- 31) Circus employee
- 32) "Gang" or "mob" attachment
- 34) Person of will
- Reader" (alternative digest)
- 37) Get frosted, as glass
- 38) Starr of the Beatles
- 43) Minor memory failures
- 44) Apartment building employees
- 45) 1,000 kilograms
- 46) Shoelace tip
- 47) "Compos mentis"
- " (1961 film) "The Parent
- 49) You can make one for yourself
- 50) Bad time for Caesar
- 51) Customer service call
- 52) "Scotch" or "duct" follower
- 53) Behind, as a watch
- 54) Ballroom dance maneuver





Eva M. Veitch Certified Arizona Notary

azahcnotary@gmail.com 928-531-6444



Ask us about our **Business** Memberships today!





Medley, Stewed

Bread, Mixed

Berries

Tomatoes, Garlic

Lettuce, Tomato,

Cabbage and

Carrot Slaw,

Peaches

September Menu

Phone: 928-445-7630
PrescottMealsOnWheels.org
See our menu online!
Serving lunch
Mon-Fri 11:15am - 12:45 pm

PRESCOTT

Mon-Fri 11:15am - 12:45 p						
Monday Sept I CLOSED FOR LABOR DAY	Tuesday Sept 2 BEEF MONGOLIAN STYLE Brown Rice, Stir Fried Vegetables, Oranges	Wednesday Sept 3 CHICKEN AND MUSHROOMS Mashed Potatoes, Gravy, Peas and Carrots, Pineapple	Thursday Sept 4 PORK BRATWURST Whole Grain Roll, Onions, Peppers, Kale and Cabbage Slaw, Mixed Berries	Friday Sept 5 ASIAN CHICKEN SALAD Wonton Strips, Green Onion, Marinated Broccoli, Peaches		
Monday Sept 8 BONELESS PORK CHOPS Gravy, Roasted Sweet Potatoes, Peas and Carrots, Apples	Tuesday Sept 9 BEEF TACOS Pinto Beans, Mexican Style Corn, Peppers, Lettuce, Tomatoes, Apricots	Wednesday Sept 10 HAM STEAK Cheese Frittata, Potatoes, Onions, Bell Peppers, Stewed Tomatoes, Mixed Fruit	CHICKEN ENCHILADAS Black Beans, Spanish Rice, Tortilla Chips,	TURKEY CLUB SANDWICH		
Monday Sept 15 BBQ CHICKEN Sweet Potato Fries, Baked Beans, Coleslaw, Oranges		Wednesday Sept 17 BRAISED BEEF Mashed Potatoes, Carrots, Sautéed Greens, Pineapple	Thursday Sept 18 CHILI RELLENO CASSEROLE Whole Wheat Tortilla, Pinto Beans, Squash Medley, Grapes	HERB CRUSTED COD Wild Rice,		
Monday Sept 22 SESAME CHICKEN Brown Rice, Snap Pea Medley, Oranges	SALISBURY STEAK Mushroom and Onions, Mashed	Wednesday Sept 24 PORK LOIN Herbed Couscous, Broccoli, Cauliflower, Whole Wheat Biscuit, Applesauce	BEEF LASAGNA Zucchini Medley, Whole Wheat	Friday Sept 26 GRILLED HAM 8 CHEESE SUB Oven Fries, Spinach and Peppers, Plums		
CHEESE RAVIOLI	Tuesday Sept 30 CHEESE BURGER Whole Grain Bun,		ME	ALS		

"Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Aging must make a reasonable accommodation to allow a person with a disability to take part in Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."



Berkley Medicare Insurance, LLC

Glenn Berkley

14747 Northsight Blvd Ste. 111-404 Scottsdale, AZ 85260

Cell(602) 451-0266 glennberkley1@gmail.com facebook.com/gberkleyagentaz

Crossword Solution





Our mission at Highgate is to devote ourselves to helping every resident live a life of purpose.

Unique holistic approach.

We offer spa baths, massage, custom-blended herbal teas and our signature aromatherapy.

Purposeful living.

No matter what age or ailment, we support each person in living each day to the fullest.



The Center's

Pie « Fudge Fundraiser

Sweeten your season and support Kids Kloset
Homemade pies and fudge available to order more
than once!

Apple & Pumpkin Pies - 9" pie - \$25 each Fudge: Milk Chocolate w/or without nuts - \$10 8oz

October- Pre-order by 10/15
 Pickup - 10/24 & 25

Thanksgiving Pre-order by 11/18
 Pickup - 11/24 & 25

Christmas-

Pre-order by 12/16 Pickup - 12/22

Place orders at the Front Desk

* All sales are final. No refunds. Products are homemade in a kitchen that uses gluten and nuts.



Join us!

September 17 1:00pm

Glen Miller -Mexican Heritage

Find the 2025 Schedule on: thecenteronrosser.org

Recipe: Pumpkin Turkey Chili

Ingredients

- 1 Tbsp veg. oil
- 1 cup chopped onion
- ½ cup chopped green bell pepper
- 1/2 cup chopped yellow bell pepper
- 1 clove garlic minced
- 1 lb ground turkey
- 1 can diced tomatoes
- 2 cups pumpkin puree
- 1 ½ Tbsp chili powder
- ½ tsp ground black pepper
- 1 dash of salt
- 1/2 cup shredded Cheddar Cheese
- 1/2 cup Sour Cream

No Beans!

- 1.Heat oil in a large skillet over medium heat. Add onion, bell peppers and garlic. Cook & stir until tender.
- 2. Stir in Turkey and cook until evenly brown-Drain
- 3. Mix in tomatoes & pumpkin. Season with chili powder, pepper & salt. Reduce heat to low, cover and simmer 15 to 20 minutes.
- 4. Serve topped with Cheddar Cheese & Sour Cream

Do you have a recipe to share? Contact Morgan - mswift@adultcenter.org



The Center in Action



















If you would like to advertise with us & help support the community, call 928-778-3000 for rates!

The Center Staff

Kathy McFadden - CEO
Drew Barbaresi - Sr. Facilities & Events
Caidie Edington - Admin Assistant
Morgan Swift - Community Engagement & Events

Jesus Parada - Facilities & Events Ariana Seim - Admin. Assistant



Hours

Monday - Thursday: 8:30 am - 4pm Friday & Saturday: By Event Sunday: Closed

*Extended hours based on events

Monthly Board Meetings 3rd Tuesday at 10:00 am Board of Directors

Ana Maria Fraijo - President Becky Cochell - Vice President Irene Winter - Treasurer Helene Schaffer - Secretary Mary Ann Suttles - Member Irene Beitz - Member Sharon Tom - Member



The Center

1280 E. Rosser Street
Prescott AZ 86301
928-778-3000
www.thecenteronrosser.org