

FALL FESTIVAL

Two days of trick-or-treating, costume contests, handmade vendors, bounce houses, food trucks, and so much more— a festive celebration for the whole community!

SWEET TREAT FUNDRAISER

Satisfy your sweet tooth while making a difference — our homemade Apple and Pumpkin pies, along with rich fudge (with or without nuts), are on sale now. All proceeds benefit Kids Kloset, helping local children in need.

Page 14 for more info.

COMING SOON:

- Fall Festival & Craft Fair - Oct. 24 & 25
- Masquerade Ball- Oct. 25
- Veterans Breakfast Nov. 10
- Holiday Craft Fair Dec. 5 &6

WHAT'S INSIDE

- Message from our CEO
- Monthly Calendar
- Meals on Wheels Menu
- Upcoming Event Dates
- New Recipe







LETTER FROM THE DIRECTOR



THE CENTER NEWSLETTER – FALL EDITION

The crisp mornings and cooler evenings remind us that fall has officially arrived. It's a season of fresh starts, warm gatherings, and community spirit. Here at The Center, we are embracing the season with exciting events, meaningful programs, and opportunities for everyone to come together. We would love to have you join us, whether it's through volunteering, attending an event, or simply stopping by to connect.

PIE ORDERS:

Our holiday pie orders are open! Be sure to get your orders in early—we're only making a limited quantity this year. All proceeds will support our Kids Kloset program, helping us reach our goal of sponsoring more families. Each family we serve costs \$500, and your pie purchase makes a real difference.

FALL & WINTER EVENTS:

- Fall Fair: October 24 & 25
- Christmas Fair: December 5 & 6

Please come out to support The Center and our vendors. Your participation helps us grow our community—your support is more than just attending a class, it's part of something bigger.

GIVING BACK:

We're collecting candy and toys now for the upcoming holiday season. In November, look out for our Senior Giving Tree and consider sponsoring a senior this year. Together, we really are better. And if you'd like to lend a hand, volunteers are always needed—please let us know if you can help in the months ahead.

THANK YOU:

A heartfelt thank you to the **Prescott Valley Early Bird Lions Club** for inviting me to come speak about who The Center is and the services we provide. We are truly grateful for your generous donation of items for our Kids Kloset—you went above and beyond as members of this community. Your kindness and support help us continue to serve families in need, and we deeply appreciate you!





ALL ABOUT ALORA:

Alora is growing so fast! At 7 months old, her sweet personality is shining through. She giggles, has started crawling, and just said MAMA for the first time—which melted my heart. Andrew is still holding out for DADA, of course! Big sister Selena adores her "Baby Sissy." She *loves* helping with diaper changes, feeding, and singing songs—always rewarded with Alora's giggles and bright smiles.













Kathy Mcfadden CEC



Mark your calendars for October 24 & 25 from 10am-3pm!

Enjoy two days of fall fun with *trick-or-treating*, costume contests, fall photos, bounce houses, face painting, and over 40 local vendors.

Savor tasty treats from our food trucks—Popstar Kettle Corn, Cactus

Lemon with their fun cotton candy–topped lemonade flavors, and

RJ's Hot Dogs, back by popular demand!

On **Saturday**, the fun doesn't have to stop—after 3pm, head over to Findlay Subaru for trunk-or-treat, haunted houses, and even more family fun. A weekend full of fall excitement!







Sponsored by:

StateFarm
Tracy Murr



Veterans

Breakfast

Join The Center on Rosser for a complimentary breakfast for Veterans & their families.

November 10 9:00 - 11:00am

Enjoy a hot breakfast, hear from a special guest speaker, and let us take this opportunity to honor and thank you for your service.

Make a difference in honoring our veterans. To learn more about sponsorship, contact Kathy or Morgan at 928-778-3000

BUSINESS MEMBERS NEWS & EVENTS













SENIOR REFERRAL NETWORK The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future.

Social Security Seminar -October 7, 15, 30 November 5

"Celebrate our 33rd Anniversary with Bucky's and Yavapai Casinos in October! Join the fun and try your hand in over \$64,000 in cash and prizes, indulge in delicious food specials, and more! Double down on \$330 Gold Rewards Hot Seats and \$1000 cash drawings at both casinos, October 3rd through the 25th. Enjoy fireworks at 8 PM on October 25th. buckyscasino.com

Gambling problem? Call 1-800-NEXTSTEP

Reverse Mortgage Lunch & Learn
Tuesday, October 21st, 2025
11:30 - 1:00PM
Prescott Country Club POA
1133 N Old Chisholm Trail, Dewey, AZ

RSVP:

https://www.arizonareversemortgages.net/events/

Prescott Hearing Offers Free Hearing Assessments and devices for hearing better with the TV and your phone.

Call Prescott Hearing for your FREE Hearing
Assessment
928-899-8104

Tuesday, November 11th, 2025 -A Special Veterans Day Event 5:00pm-7:00pm







Gold











Silver



Bronze

























grams to our members who count on daily activities, events and quality social time



1280 E. Rosser St, Prescott 928-778-3000 For more information: thecenteronrosser.org

Please contact us if you are interested in sponsoring or volunteering future events.





OCTOBER FITNESS & DANCING WITH BETH RABER

Barre Fitness: Oct. 7

Tuesdays 5:30-6:30pm

\$15 - Drop in

\$40 - 4 week month

\$50 - 5 week month



Line Dancing: Oct. 1

Wednesdays 6:00 - 8:00pm

\$15 - Drop in - 1 hour

\$20 - Drop in - 2 hour

\$40 - 4 week month - 1 hour*

\$60 - 4 week month - 2 hour*

6-7pm -Beginner 7-8pm Intermediate
*Prices adjust for 5 week month

Cardinal Home Care

Individualized Care Plans

Dave Hummel

Director of Care

Prescott (928) 642-4683 Mobile (480) 390-7305

Email: daye@cardinalhomecare.com

uning CardinalHomeCare.com

LOCALLY OWNED

- Individualized Home Care Assistance Plans
- We provide Non-Medical Caregivers

"Are you looking for a caregiver for a loved one?"

Call for a free consultation

Mention this ad & receive a 10% discount off services

Ronnie DeBenedetta dance classes Tuesdays
Beginners West Coast Swing- 6:30

Introduction West Coast Swing - 7:30

\$40 per class - Drop-in for \$15

Masquerade Ball

with Ronnie DeBenedetta & Pam Ford

October 25, 2025

6:30 - 7:15pm Class

7:15 - 10:00pm Open Dance

with DJ Butch Viola

\$15 per person

CANDY DONATIONS:

We are now collecting candy for our Trick-or-Treat event at the Family Fall Festival!

Please bring new, pre-wrapped, snack-sized candy to the donation box located in the Lobby of The Center.

Thank you for helping us make this a sweet and safe experience for all our little festival-goers!





paint it Pink

Pumpkin Door Hanger Craft Night

Join us at The Center on Tuesday, October 28th from 4-6pm for a fun fall activity.

Paint your own wooden pumpkin door hanger- supplies and accessories are provided. Light snacks will be available.

\$15 per person



RSVP online or at the Front Desk

October is Breast Cancer Awareness Month

Halloween (NGO)

Join us for Bingo and some Halloween fun! Wear your Halloween costume and you could win a special prize.

October 30 - 1:30pm



Looking to grow your business?

Partner with us and gain exposure to thousands of individuals throughout the Prescott Quad-Cities area.

Contact us today to learn more





Vicki Holmes

Community Outreach Specialist 928.830.4744 vicki.holmes@devoted.com www.devoted.com



October Events & Activities

Closed - October 13 for Columbus Day

Day	Program/Activity	AM/PM	Members	
MONDAY	Movin' w/June - Cancelled 10/13	8:30 AM	\$8	
	In the Middle Line Dance w/Cindy Cancelled 10/13	9:30 AM	\$8	
	Strength & Balance w/Joy Cancelled 10/13	9:30 AM	\$9	
	Zumba w/Kay Cancelled 10/13	11:30AM	\$8	
	Hand & Foot Canasta Cancelled 10/13	12:00 PM	\$5	
	ACBL Sanctioned Bridge Cancelled 10/13	12:00 PM	\$8	No
	Non-Sanctioned Bridge Cancelled 10/13	12:00 PM	\$7	₽ ≥
	Integrated Exercise Yoga/Qigong/Pilates w/Roma Cancelled 10/13	12:15 PM	\$8	em
	Tai Chi & Qigong w/Roma Cancelled 10/13	1:30 PM	\$8	Non-Member
	All Levels Yoga w/Katy	8:40 AM	\$9	Price
	Meditation w/Peg	9:00 AM	\$5	e for
	Strength & Balance w/Joy - 1 Hour	9:00 AM	\$9	ďΑ
	Balance Tai Chi Movements w/Joy - 30 minutes	10:00 AM	\$5	Ctiv
	Basic Beginner Line Dance w/CindyLou	10:00 AM	\$8	Activities
	Weights & Balls on Chair w/Katy Kolasa	10:00 AM	\$9	s \$ 1
TUESDAY	Tai Chi Chuan w/Bryan	10:30 AM	\$8	0
	Chair Yoga w/Joy	11:15 AM	\$9	Z
	ACBL Sanctioned Bridge	12:00 PM	\$8	Non-Member
	Intermediate Line Dance w/Barb	3:00 PM	\$8	eml
	Barre Fitness - Beth Raber - \$40 per month or \$15 Drop In	5:30PM	\$15 Drop in	ber
	Social Security Seminar - 10/7	6:00 PM	Free	for
	Beginning West Coast Swing w/Ronnie	6:30 PM	\$15	Bridge
	Intermediate West Coast Swing w/Ronnie	7:30 PM	\$15	ge\$
	Berkley Medicare - Humana - 10/15	9:00 AM	Free	12
	Strength & Balance w/Joy	9:30 AM	\$9	to \$
	All Levels Yoga w/Katy	11:00 AM	\$9	15
WEDNESDAY	ACBL Sanctioned Bridge	12:00 PM	\$8	
	AZ Territorial Society - Lost Town of Jerome Junction - 10/15	1:00 PM	Free	
	Zumba with Kay	1:00 PM	\$8	
	Beginning Line Dancing - Beth Raber - \$50 per month or \$15 Drop In	6:00 PM	\$15 Drop In	
	Intermediate Line Dancing - Beth Raber - \$50 per month or \$15 Drop In	7:00 PM	\$15 Drop In	
	Social Security Seminar - 10/15	6:00 PM	Free	

Closed - October 13 for Columbus Day

Day	Program/Activity	AM/PM	Member Fee
	Strategic Network Partners	7:30 AM	Free
	Movin w/June	9:00 AM	\$8
	All Levels Yoga w/Katy	8:40 AM	\$9
	Strength & Balance w/Joy - 1hr	9:00 AM	\$9
THURSDAY	Balance Tai Chi Movements w/Joy - 30 Minutes	10:00 AM	\$5
URS	Beginner Line Dance w/Sandi	10:00 AM	\$6
王 -	German Conversation w/June	10:15 AM	\$8
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Chair Yoga w/Joy	11:15 AM	\$9
	BINGO - Games start at 1:30 pm, Doors open at Noon	12:00 PM	Per Game
	Hand & Foot Canasta	12:00 PM	\$5
	American Mahjongg - Beginners Welcome	1:00 PM	\$5
	Tai Chi w/Larry - Beginning 108 in October - All levels welcome	4:00 PM	\$8
	Social Security Seminar - 10/30	6:00 PM	Free
FRI.	Family Fall Festival & Craft Fair - 10/24	10:00 AM	Free
8/8	Family Fall Festival & Craft Fair - 10/25	10:00 AM	Free
	Ronnie Benedetta Masquerade Ball - (10/25)	6:30 PM	\$15
	Union Church Services (Sundays)	10:00 AM	Free

Non-Member Price for Activities \$10 Non-Member for Bridge \$12 to \$15



Thursdays. Doors open at Noon
Games start at 1:30pm
Looking for Bingo Volunteers: Caller, Cashier,
Assistants
See Front Desk for more information

Attention:

Wednesday 10/8

Thursday 10/9

Filming will be in progress.

Attendance these days *may be* recorded.

Grand Canyon Education Academy

BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement

- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash Eliminating Debt Tax Planning

Upcoming
Social Security Seminars
at The Center

www.thecenteronrosser.org

All Seminars at 6:00 pm

October 7
October 15 &
October 30

November 5



www.grandcanyonedu.com



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Serving Yavapai County

CUSTOMER SATISFACTION

See what some of our clients have to say!

Dear Mr. Dunker:

My natural world has come alive again. For many years I have been left thinking that this is all that is left for me regarding my hearing. But now I hear things I haven't heard in many years. My incompetent past audiologist had left me unable to hear natural sounds and unable to hear voices clearly and distinctly.

Thank you Doug Dunker, ACA, BC-HIS, for listening to my issues and helping me. It shows your superior quality of service rendered to me. I can truly hear again. At Prescott Hearing Center you did it! You, with all your talent, skills, methods, equipment, and the time you took made me feel whole again. You took the despair, sadness, loneliness, not to mention grumpiness (says my wife), out of my life.

You immediately instilled joy, happiness, and a freedom of change for the better in me. You opened my world of hearing, which affects my whole well being. You gave me a new lease on life with many great, happy years to come.

Thank you, Doug, from my total well being. I will be back.

Sincerely,

Kenneth Rogers

Kenneth Rogers

n.Di@yCourier DON BRINDING CHOICE **AWARDS** 1st PLACE



928-899-8104 www.prescotthearing.com

3108 Clearwater Drive, Ste B2, Prescott, AZ 86305

7762 E Florentine Rd, Ste D, Prescott Valley, AZ 86314







DOUG

PAULA



October Menu

Phone: 928-445-7630
PrescottMealsOnWheels.org
See our menu online!
Serving lunch

escott Meals on	Mye				
	MEALS on WHEELS PRESCOTT	Wednesday Oct I PORK CARNITAS TACOS Pinto Beans, Corn, Spanish Rice, Lettuce, Pico De Gallo, Berries		Friday Oct 3 CHICKEN SALAD SANDWICH on Croissant, Celery, Lettuce, Chips, Grapes	
Monday Oct 6 SMOTHERED CHICKEN Mushrooms, Spinach Medley, Biscuit, Berry Mix	Tuesday Oct 7 CHEESE ENCHILADAS Black Beans Medley, Cilantro Rice, Lettuce, Tomatoes, Oranges	Wednesday Oct 8 PARMESAN MEATBALLS Egg Noodles, Balsamic Tomatoes, Breadsticks, Apricots	Thursday Oct 9 CASHEW CHICKEN Brown Rice, Broccoli, Peppers, Snow Peas, Onions, Pineapple	Friday Oct 10 FISH ANDCHIPS Breaded Cod, Oven Fries, Cucumber Salad, Apples and Oranges	
Monday Oct 13 NAVAJO STYLE CHICKEN TACOS Refried Beans, Cornbread, Mixed Fruit	Tuesday Oct 14 CHICKEN AND GREEN CHILI CASSEROLE Black Beans, Lettuce, Tomatoes, Peppers, Peaches	Wednesday Oct 15 PORK ROAST Potatoes, Peas, Onions, Carrots, Whole Wheat Biscuit, Strawberries	Thursday Oct 16 BEEF TACO CASSEROLE Cheese, Peppers, Tomatoes, Tortillas, Melon Mix	BROCCOLI CHEDDAR SOUP French Bread,	
Monday Oct 20 CHICKEN BREAST CACCIATORE Herbed Pasta Olives, Onion, Tomato, Pears	The state of the s	Wednesday Oct 22 BEEF SHEPHERDS PIE Peas, Carrots, Onions, Mashed Potatoes, Gravy, Spinach, Whole Wheat Roll, Berries	Couscous, Sauteed	CHICKEN CORN CHOWDER	
Monday Oct 27 LOADED BACON BAKED POTATO Cheddar, Chives, Honey Cornbread, Melon	Tuesday Oct 28 CHICKEN POT PIE Broccoli, Carrots, Peas, Stewed Tomatoes, Pears		BEEF TERIYAKI Stir Fried Asian	Friday Oct 31 CLOSED FOR VOLUNTEER CELEBRATION PARTY	

"Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the rehabilitation Act of 1973 and the Age Discrimination Act of 1975, NACOG Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Aging must make a reasonable accommodation to allow a person with a disability to take part in Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."

The Center and Meals on Wheels invite you to be part of something lasting.

Support our community by purchasing an engraved brick to be placed at the entrance and along a special memorial section of our 1/4-mile walking trail.

> Purchase online at thecenteronrosser.org



Berkley Medicare Insurance, LLC

Glenn Berkley

14747 Northsight Blvd Ste. 111-404 Scottsdale, AZ 85260

Cell(602) 451-0266 glennberkley1@gmail.com facebook.com/gberkleyagentaz



What are the benefits of becoming a monthly donor?

- You provide the stable, predictable base of support we can count on.
- You help us empower more adults to lead enriched lives than ever before.
- You make us more efficient and innovative.
- You get updates on your on your impact.
- · It's convenient with just one form to fill out.

Just \$5 or \$10 a month will make a huge impact!



A higher level of well-being

Our mission at Highgate is to devote ourselves to helping every resident live a life of purpose.

Unique holistic approach.

We offer spa baths, massage, custom-blended herbal teas and our signature aromatherapy.

Purposeful living.

No matter what age or ailment, we support each person in living each day to the fullest.



Take a tour! Call 928-541-1400 or visit HighgateSeniorLiving.com.

The Center's

Pie « Fudge Fundraiser

Sweeten your season and support Kids Kloset

Homemade pies and fudge available to order more

than once!

Apple & Pumpkin Pies - 9" pie - \$25 each
Fudge: Milk Chocolate w/or without nuts - \$10 8oz

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• October- Pre-order by 10/15 Pickup - 10/24 & 25

Thanksgiving Pre-order by 11/18
 Pickup - 11/24 & 25

Christmas-

Pre-order by 12/16 Pickup - 12/22

P

Place orders at the Front Desk

* All sales are final. No refunds. Products are homemade in a kitchen that uses gluten and nuts.

Arizona
Territorial
Society

Preserving
History

John Us!
October 15
1:00pm
Drew DesmondLost Town of Jerome
Junction

Find the 2025 Schedule on: thecenteronrosser.org

Recipe: S'more Bars

Ingredients

- 2 Cups Graham Cracker Crumbs
- ½ Cup Melted Butter
- 4 Cups Chocolate Chips
- 1pkg Mini-Marshmallows

- 1. Preheat oven to 350
- 2. Grease 9x13 pan
- 3. Mix together Graham Crackers & Butter
- 4. Sprinkle into baking dish & press firmly along bottom and sides
- 5. Bake 8 minutes
- 6. Remove from oven and layer chocolate chips followed by marshmallows on top
- 7. Bake for 20 min. until marshmallows turn brown
- 8. Let cool. Once cool place in fridge
- 9. Cut and serve

Recipe at: www.andianne.com

Do you have a recipe to share? Contact Morgan - mswift@adultcenter.org



The Center in Action



















If you would like to advertise with us & help support the community, call 928-778-3000 for rates!

The Center Staff

Kathy McFadden - CEO
Drew Barbaresi - Sr. Facilities & Events
Caidie Edington - Admin Assistant
Morgan Swift - Community Engagement & Events

Jesus Parada - Facilities & Events Ariana Seim - Admin. Assistant



Hours

Monday - Thursday: 8:30 am - 4pm Friday & Saturday: By Event Sunday: Closed

*Extended hours based on events

Monthly Board Meetings 3rd Tuesday at 10:00 am Board of Directors

Ana Maria Fraijo - President Becky Cochell - Vice President Irene Winter - Treasurer Helene Schaffer - Secretary Mary Ann Suttles - Member Irene Beitz - Member Sharon Tom - Member



The Center

1280 E. Rosser Street Prescott AZ 86301 928-778-3000 www.thecenteronrosser.org



Big Medicare Changes Are Here! Don't Miss Out!

Some plans are ending, others are cutting back benefits, and a few are stronger than ever. We know this can feel confusing and disruptive — but you are not alone. For 25 years, your neighbors have relied on SHARP to help them navigate plan changes and keep the doctors they know and

Let us help you find the plan that's right for you.

Come in and see SHARP. Bring a friend, as walk-ins are welcome. Can't make a meeting? Call us to schedule a one-on-one in person or by phone.

We're local, trusted, experts!

Office: 928-642-9336 TTY 711

MEETING SCHEDULE: October 14th - November 20th

Prescott, AZ

The Center on Rosser

1280 E Rosser St. **TUESDAYS**

10/14, 10/21, 10/28, 11/4, 11/11, 11/18 and 11/25 10 AM (October), 12 PM, and 2 PM each day



S.H.A.R.P.

www.sharp4medicare.com Office: (928) 642-9336 TTY: 711

Prescott Valley, AZ

Hampton Inn

2901 N Glassford Hill Rd. WEDNESDAYS

10/15, 10/22, 10/29, 11/5, 11/12 and 11/19 **THURSDAYS**

10/16, 10/23, 10/30, 11/6, 11/13 and 11/20 10 AM (October) 12 PM, and 2 PM each day









602-510-8819 * 480-433-8909

602-821-4250 * *We do not offer every plan available in your area. Currently, we represent 11 organizations, which offer 118 products in your area.

Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get informaon on all of your





You're invited, explore Medicare plans that meet your needs





Join any of our seminars

Learn about 2026 Humana plans—with no obligation to enroll.

Wed, October 15 & 22, 9 a.m.Prescott Adult Center
1280 E Rosser Street Prescott, AZ 86301

Humana HMO plan

Wed, October 22, 1 p.m.Prescott Golf Club
1030 N Prescott Country Club Blvd Dewey,
Humana HMO plan

Thur, October 16 & 23, 9 a.m.

Prescott Valley Elks Lodge 6245 E 2nd Street Prescott Valley, AZ 86 Humana HMO plan

Wed, October 22, 4 p.m.

Chino Valley Senior Center 1021 W Butterfield Rd Chino Valley AZ 86 Humana HMO plan Fri, October 17, 1:30 p.m.

Virtual: Zoom Meeting https://bit.ly/gcb-062 Humana HMO plan



Call or email me to RSVP Glenn Berkley Licensed sales agent 2590187

480-213-0642 (TTY: 711) glennberkley1@gmail.com





For accommodations of persons with special needs at meetings, call **480-213-0642**. A health plan representative will be present with information.

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