



The Center Piece

DECEMBER 2023



ON THE INSIDE

- ◆ Holiday Craft Fair
- ◆ Toy Drive
- ◆ The Center Annual Meeting
- ◆ New Business Members
- ◆ Prescott Sectional



COMING IN 2024!

January

Senior Referral Network

February

Spaghetti Feed Fundraiser for Kid's Klost

March

Easter Bazaar & Family Fun Day

Merry Christmas

and

HAPPY NEW YEAR



The Center will be closed from December 22 until January 2, 2024 for the Holiday Season.

From the CEO



As the year draws to a close, I find myself reflecting on the remarkable journey we've shared at The Center. It's with a heart full of

gratitude and warmth that I reach out to express my deepest appreciation for the incredible moments, shared laughter, and genuine camaraderie that have defined our community over the past year.

We have witnessed countless heartwarming moments, laughter-filled events, and the formation of cherished friendships within our close-knit community. Each one of you has played a crucial role in making The Center a vibrant and welcoming place for everyone.

As we reflect on the memories we've created together, I am reminded of the strength and resilience that defines our community. Your continued dedication to making The Center a thriving hub for connection and engagement has been nothing short of inspiring.

As we approach the holiday season, I find myself filled with a sense of awe at the resilience and spirit of togetherness that defines our community.

Your generosity of spirit has been the driving force behind our success, and it is this very spirit that makes our center a unique and nurturing space.

In the spirit of the holidays and the approaching New Year, I extend a heartfelt invitation to those who are in a position to consider a year-end donation. Your support enables us to continue enhancing our programs and initiatives, ensuring that The Center remains a place where connections flourish and opportunities abound.

Your contributions, whether through active participation, volunteering, or donations, make a significant impact on our success, and we are truly grateful for your commitment to our shared mission.

As we approach Christmas and the New Year, I wish each and every one of you a holiday season filled with warmth, joy, and the company of loved ones. May the spirit of togetherness and gratitude accompany you into the coming year, bringing new opportunities for growth, laughter, and shared moments.



Thank you for making The Center a truly special place. Here's to the memories we've created and the promise of a bright and fulfilling year ahead.

Kathy McFadden



HOLIDAY CRAFT FAIR

FREE Toys for Kids!

VISIT WITH SANTA



FREE Professional Holiday Photos!

- ◆ Art & Candles
- ◆ Handmade Crafts
- ◆ Ornaments
- ◆ Holiday Items
- ◆ Scarves & Gloves
- ◆ Woodworking
- ◆ Plants
- ◆ Jewelry
- ◆ MORE!

Holiday Performers



Mobile Food Vendors

December 15 & 16 9am-3pm



1280 E. Rosser Street | Prescott
928-778-3000 | www.adultcenter.org

Holiday



TOY DRIVE

ACCEPTING DONATIONS UNTIL

DECEMBER 13th

Donate a new, unwrapped toy to
The Center to help us make the
holiday brighter for kids in 2023!

DROP-OFF LOCATION

The Center
1280 E. Rosser Street | Prescott

For more information,
call 928-778-3000 or visit
www.thecenteronrosser.org

Toys will be handed out to kids who are present at the Holiday Craft Fair on December 15 & 16



Business Members



Our goal is to provide benefits such as discounts on room rentals for your events, advertising, a dedicated space for your meetings, priority status to Center events and an opportunity for you to connect with the community and grow your referral sources. We're here for you!

Executive Platinum



Platinum



Gold



Silver



Bronze



Basic



Mountain Spirit
Healing and Educational Center



REALTYONEGROUP
MOUNTAIN DESERT



For more information, call Kathy McFadden at 928-778-3000. See how you can start building your referral sources and expanding your business relationships today!

Membership packets are also available on our website at www.thecenteronrosser.org



Business Members



News & Events



Dignity Health.
Yavapai Regional Medical Center

The Center is excited to announce Yavapai Regional Medical Center-Dignity Health as our newest Business Member! We look forward to working with them to help promote their programs and their businesses!



Ho-Ho-Hoedown on December 15 from 2-6pm. Tours, live music, holiday cocktails, Santa & More! Public invited, No RSVP Required. 3180 Touchmark Blvd. 928-515-2333



Have you heard about the new Signia IX Hearing Aid that can hear better in noisy environments? Please call the Prescott Hearing Centers for more details at 928-899-8104.



The Senior Referral Network is hosting our 2024 event at The Center on Tuesday, January 9, 2024 5:00pm-7:00pm. To register for the January event visit: <https://seniorreferralnetwork.org/events/>



Frontier Financial of Arizona is hosting a Reverse Mortgage Lunch & Learn at The Center on Tuesday January 30, 2024 11:30am-1:00pm. Lunch will be served. To register for the lunch and learn visit: <https://arizonareversemortgages.net/events>



Visiting Angels is always hiring and looking for caregivers. We train for FREE! The benefits are great. You will not have a job but a PURPOSE. Apply here: www.visitingangels.com/Prescott 928-220-4100.



Free Social Security Seminars start again in January at The Center. The first one is on January 17 at 5:30pm, and the second is on January 23 at 5:30pm.

*Thank you to all our Business Members
for your amazing support!*

The Kid's Closet



This will be a place where families can find things such as a seasonally appropriate coat, a pair of shoes that fit, school supplies and books, developmental toys, or other items that a child living in poverty might need. We're looking for high-quality new and like-new, donated items appropriate for children, ages newborn to 12 years old.

Please help us stock The Kids' Closet, either through direct donations or by hosting a collection drive at home or at work. You can donate online at:

[Donate | The Center \(thecenteronrosser.org\)](https://thecenteronrosser.org)

Our target date to have the Kid's Closet stocked & ready to go is March 1, 2024!

Thank you for your support!

Help Support The Center Shop at Fry's this Holiday!

When you shop at Fry's, they will make a donation to The Center! You can pick up the step-by-step instructions at the front desk at The Center, or download a copy from our website at thecenteronrosser.org. Go to the About tab, Donate section, and click on the Fry's logo!



Happening in December

- 12/2 Day of Dance
- 12/15 Holiday Craft Fair
- 12/16 Holiday Craft Fair
- 12/16 Dance Party w/Ronnie
- 12/20 Center Annual Meeting
- 12/21 Bingo Christmas Party
- 12/22 CLOSED until 1/2/24



Save the Date
PRESCOTT SECTIONAL
June 21-23, 2024

December Events & Activities

Day	Program/Activity	AM/PM	Members
MONDAY	The Center will be closed Monday, 12/25 for the Holiday - No Classes or Activities		
	Movin' w/June (12/25-CANCELLED)	8:30 AM	\$8
	In the Middle Line Dance w/Cindy (12/25-CANCELLED)	9:30 AM	\$8
	Gentle Strength Yoga w/Donna (12/25-CANCELLED)	10:30 AM	\$8
	ZUMBA w/Stacey (12/25-CANCELLED)	11:00 AM	\$8
	Hand & Foot Canasta (12/25-CANCELLED)	12:00 PM	\$5
	ACBL Sanctioned Bridge (12/25-CANCELLED)	12:00 PM	\$7
	Non-Sanctioned Bridge (12/25-CANCELLED)	12:00 PM	\$6
	Yoga for Peace & Vitality w/Roma (12/25-CANCELLED)	12:15 PM	\$8
	Sr. Beginning Rebounding Class w/Dr. Kimberley (12/25-CANCELLED)	1:00 PM	\$25
	Tai Chi & Qigong w/Roma (12/25-CANCELLED)	1:30 PM	\$8
Beginning Intermediate Rebounding Class w/Dr. Kimberley (12/25-CANCELLED)	1:45 PM	\$25	
TUESDAY	The Center will be closed Tuesday, 12/26 for the Holiday - No Classes or Activities		
	All Levels Yoga w/Katy (12/26-CANCELLED)	8:40 AM	\$9
	Meditation w/Peg (12/26-CANCELLED)	9:00 AM	\$5
	Basic Beginner Line Dance w/Cindy (12/26-CANCELLED)	10:00 AM	\$8
	Weights w/Balls & Chair w/Katy Kolasa (12/26-CANCELLED)	10:00 AM	\$9
	Tai Chi Chuan w/Bryan (12/26-CANCELLED)	10:30 AM	\$8
	Chair Yoga w/Joy(12/26-CANCELLED)	11:15 AM	\$9
	ACBL Sanctioned Bridge (12/26-CANCELLED)	12:00 PM	\$7
	Intermediate Line Dance w/Barb (12/26-CANCELLED)	3:00 PM	\$8
	East Coast Swing Lesson w/Dawn(12/26-CANCELLED)	5:15 PM	\$8
	Beg. Level II Cha Cha w/Pam (12/26-CANCELLED)	6:30 PM	4/\$40
	Int. W. Coast Swing w/Pam (12/26-CANCELLED)	7:30 PM	4/\$40
	WEDNESDAY	The Center will be closed Wednesday, 12/27 for the Holiday - No Classes or Activities	
Strength & Balance w/Denise (12/27-CANCELLED)		9:40 AM	\$8
Mat Pilates w/Denise (12/27-CANCELLED)		10:30 AM	\$8
All Levels Yoga w/Katy (12/27-CANCELLED)		11:00 AM	\$9
Intermediate Line Dance w/Diane (12/27-CANCELLED)		11:45 AM	\$8
ACBL Sanctioned Bridge (12/27-CANCELLED)		12:00 PM	\$7
Chinese Mahjong for BEGINNERS (12/27-CANCELLED)		1:00 PM	\$5
Chef Demo - Thai Curry (12/20)		2:30 PM	Free
West Coast Swing w/Dawn (12/27-CANCELLED)	5:15 PM	\$8	

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$10.50 to \$12

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

Non-Member Price for Activities \$10 Non-Member for Bridge \$10.50 to \$12

Day	Program/Activity	AM/PM	Member Fee
The Center will be closed Thursday, 12/28 for the Holiday - No Classes or Activities			
THURSDAY	Strategic Network Partners (12/28-CANCELLED)	7:30 AM	Free
	Movin' W/June (12/28-CANCELLED)	8:30 AM	\$8
	All Levels Yoga w/Katy (12/28-CANCELLED)	8:40 AM	\$9
	Beginner Line Dance w/Sandi(12/28-CANCELLED)	10:00 AM	\$6
	Tai Chi Chuan w/Bryan(12/28-CANCELLED)	10:30 AM	\$8
	Blood Pressure Checks (12/14)	11:00 am	Free
	BINGO - Games start at 1:30 pm, Doors open at Noon (12/28-CANCELLED)	12:00 PM	Per Game
	Hand & Foot Canasta (12/28-CANCELLED)	12:00 PM	\$5
American Mahjonnig - Beginners Welcome (12/28-CANCELLED)	1:00 PM	\$5	
The Center will be closed Fridays, 12/22 & 12/29 for the Holiday - No Classes or Activities			
FRIDAY	Holiday Craft Fair (12/15 & 12/16)	9:00 AM	Free
	ACBL Sanctioned Bridge (12/15, 12/22 & 12/29-CANCELLED)	10:00 AM	\$7
	Balance & Stretch w/Katy (12/15, 12/22 & 12/29-CANCELLED)	11:15 am	\$8
	Intermediate Line Dance w/Diane (12/15, 12/22 & 12/29-CANCELLED)	11:45 AM	\$8
Day of Dance (12/2)	2:30PM	\$8-\$15	
SA/SU	Holiday Craft Fair - Saturday (12/15 & 12/16)	9:00 AM	Free
	Union Church Services (Sundays)	10:00 AM	Free
	Day of Dance (12/2)	2:30 PM	\$8-\$15
	Dance Party w/Ronnie (Saturday, 12/16)	6:30 PM	\$15

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

Subject to cancellations-Check our website for updates-www.thecenteronrosser.org

The fitness programs below are all welcome at The Center!



Try Out Our Newly-Remodeled Fitness Center!



Fitness Center Hours:

Monday-Thursday 8:30am-5:00pm
 Friday 9:00am-2:00 pm
 Saturday & Sunday CLOSED

Fitness Center Rates:

Members: \$15/Mo. - \$75/6 Mos. - \$120/Yr.
 Non-Members: \$10 per Day



Connecting Senior Service & Care Providers



Join us for the Senior Referral Network January 2024 Event!



Tuesday, January 9th, 2024 | 5:00pm-7:00pm

**The Center
1280 E Rosser Rd., Prescott, AZ 86301**

Join us for the Senior Referral Network January Event. If you are a part of the Senior Services Industry, caring for a loved one, or a care provider and want to network with like-minded individuals, you don't want to miss this!

RSVP: seniorreferralnetwork.org/events

**(928) 227-8788
seniorreferralnetworkaz@gmail.com
seniorreferralnetwork.org**



Back in 2024!

Speaker Series at The Center

*please
join us*

January 17 .. Medicine in the 1800s

February 21 .. Sports in Prescott

March 20 .. TBA

April 17 .. Pauline O'Neill

May 15 .. World's Oldest Rodeo

June 19 .. AZ Cowboys Poets Gathering

July 17.. Baby on the Bar

August 21 .. Who is Don Maguire

September 18 .. Hauntings

October 16 .. My Life at the Phantom Ranch

November 20 .. Skull Valley

All Programs are Free and start at 1:00 pm



Annual Members Meeting

WHEN

Wednesday, December 20, 2023
10:00am - 11:30am

WHERE

The Center
1280 E. Rosser Street | Prescott

CURRENT BOARD MEMBERS

Ana Maria Fraijo - President
Irene Winter - Vice President
Sherry Huffman - Treasurer
Helene Schaffer - Secretary
Becky Cochell - Member
Mary Ann Suttles - Member
Irene Beitz - Member



AGENDA

CALL TO ORDER



2022 ANNUAL
MEETING MINUTES



BUDGET
OVERVIEW



DIRECTOR'S
REPORT



BALLOT COMMITTEE
REPORT



ADJOURNMENT

Attention Center Members

Annual Members Meeting - December 20, 2023

Meeting Notices were emailed and/or mailed to our members on November 20, 2023. For anyone who did not receive the notice (email or physical addresses may not have been updated), we wanted to make sure you know that voting ballots are available at The Center at the front desk.

When you arrive, you will be checked in as a member, so you can fill out your ballot and drop it in the Ballot Box in the reception area.

Candidate profiles are included with the ballot.

The Center Hours

8:30 am - 4:00 pm, Monday - Thursday

8:30 am - 2:00 pm on Friday

We look forward to seeing you there!



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928-379-0163 - Andrew McFadden



It's that time of year to celebrate with your family and friends. Wouldn't it be amazing to "hear" all the conversations and be a part of all the family traditions? Have you heard about the new Signia IX hearing aid that can help you to hear better in noise? It is capable of accurately pinpointing multiple moving speakers in real-time conversation in noisy environments for hearing your loved ones. Don't spend the holidays in silence.

Call us for more details!



PRESCOTT
Hearing Center
Simply better, from the start

928-899-8104 www.prescotthearing.com

3108 Clearwater Drive, Ste B2, Prescott, AZ 86305

7762 E Florentine Rd, Ste D, Prescott Valley, AZ 86314



DOUG



PAULA



KIM



If you would like to advertise with us & help support the community, call 928-778-3000 for rates!



BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement
- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

Upcoming Social Security Seminars at The Center

www.thecenteronrosser.org

Next classes in January:

January 17.....5:30pm

January 23.....5:30pm

Check the Calendar on The Center's Website to verify times and dates.



www.grandcanyonedu.com


Advertisers & Info



INMAN LAW PLLC
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Guardianships & Conservatorships

CHRIS A. INMAN
Attorney at Law

Chris@InmanLawAZ.com



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fax (928) 492-1099 | Prescott, Arizona 86301



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CA Insurance Lic. #0H23992

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Prescott, AZ 86305

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Prescott (928) 642-4683

Mobile (480) 390-7305

Email: dave@cardinalhomecare.com

www.CardinalHomeCare.com

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- We provide Non-Medical Caregivers

**“Are you looking for a caregiver
for a loved one?”**

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The Center Staff

Kathy McFadden - CEO
Brian Sebring - Sr. Facilities & Events
Drew Barbaresi - Facilities & Events
Nancy Barber - Admin Assistant II
Julia Rulla - Marketing & Communications
Christi Carlson - Marketing, Membership & Volunteers

Board of Directors

Ana Maria Fraijo - President
Irene Winter - Vice President
Sherry Huffman - Treasurer
Helene Schaffer - Secretary
Becky Cochell - Member
Mary Ann Suttles - Member
Irene Beitz - Member

Follow us 😊



Hours

Monday - Thursday: 8:30 am - 5pm
Friday - 9:00 am - 2:00 pm
Saturday: By Event Sunday: Closed

Holiday Closures

December 22 - 31 - Christmas
January 1 - New Years' Day



The Center

1280 E. Rosser Street
Prescott AZ 86301 | 928-778-3000
www.thecenteronrosser.org