



The Center Piece

JANUARY 2024

Happy New Year Two-Thousand Twenty-Four!

We will be closed Monday, January 15 in honor of

MARTIN LUTHER KING DAY

Make The Center the venue for your January events!

We offer elegant options, first-class catering, and accommodations for groups up to 300 (theater style). The Center is the perfect location for any seminar, meeting or celebration!

RENTAL SELECTIONS

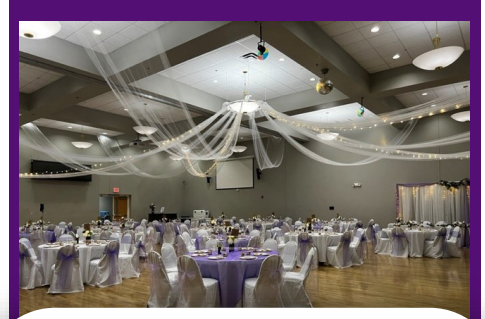
Ballroom ● Studio ● Activity Room
Community Room ● Meeting Room

SET UP OPTIONS

Theater ● Banquet ● Reception
Half Rounds ● Classroom ● Card Tables

Call for scheduling options and pricing.
Reservations are taken well in advance, and fill up fast for the year, so reserve yours today!

928-778-3000



2024

Pull-Out Calendar Inside!

UPCOMING EVENTS!

January



Senior Referral Network

Spaghetti Feed Fundraiser



February

March



Easter Bazaar & Family Day

From the CEO



As we stand on the threshold of a brand new year, it brings me great pleasure to extend my heartfelt greetings and warm wishes to each and every member of our cherished family. The start of a new year marks not just the passage of time but also the promise of fresh beginnings and exciting opportunities.

Reflecting on the past year, I am filled with gratitude for the wonderful moments we shared, the connections we forged, and the resilience we demonstrated as a community. Despite the challenges, your unwavering support and enthusiasm have been the driving force behind our collective success. The Center has truly become a haven of warmth, friendship, and enriching experiences.

Looking ahead, I am excited about the possibilities that the coming year holds for us. Our commitment to providing exceptional services, engaging activities, and fostering a sense of belonging remains unwavering.

We have some exciting initiatives and events planned that aim to enhance the overall well-being and enjoyment of our community members.

I encourage each one of you to embrace the new year with optimism, open hearts, and a spirit of camaraderie. Let us continue to celebrate the diversity of our community, share our stories, and create lasting memories together. The Center is not just a place; it's a vibrant tapestry woven with the threads of your experiences, laughter, and friendships.

As we embark on this new chapter, I want to express my sincere gratitude for your continued trust and support. Your feedback and involvement play a pivotal role in shaping the future of The Center and I look forward to our continued collaboration in making it an even more enriching space for all.

Wishing you and your loved ones a joyful New Year filled with good health, happiness, and meaningful connections.



Kathy McFadden

Our Business Members

Our goal is to provide benefits such as discounts on room rentals for your events, advertising, a dedicated space for your meetings, priority status to Center events and an opportunity for you to connect with the community and grow your referral sources. We're here for you!

Executive Platinum



Platinum



Gold



Silver



Bronze



Basic



For more information, call Kathy McFadden at 928-778-3000. See how you can start building your referral sources and expanding your business relationships today!

Membership packets are also available on our website at www.thecenteronrosser.org

Business Member Information

News & Events



The Center is excited to announce Findlay Toyota of Prescott as our newest Business Member! We look forward to working with them to help promote their programs and their business!



Harvesting Wellness: A Health Fair & Farmers Market on the Hill

Join us to learn about various positive products and services and enjoy some Farmers Market shopping as well! January 23rd, 11am-3pm, 3180 Touchmark Blvd. 928-515-2333



Have you heard about the new Signia IX Hearing Aid that can hear better in noisy environments? Please call the Prescott Hearing Centers for more details at 928-899-8104.



The Senior Referral Network is hosting our 2024 event at The Center on Tuesday, January 9, 2024 5:00pm-7:00pm. To register for the January event visit:

<https://seniorreferralnetwork.org/events/>



Frontier Financial of Arizona is hosting a Reverse Mortgage Lunch & Learn at The Center on Tuesday January 30, 2024 11:30am-1:00pm. Lunch will be served. To register for the lunch and learn visit: <https://arizonareversemortgages.net/events>



Visiting Angels is always hiring and looking for caregivers. We train for FREE! The benefits are great. You will not have a job but a PURPOSE. Apply here: www.visitingangels.com/Prescott 928-220-4100.



Free Social Security Seminars start again in January at The Center. The first one is on January 17 at 5:30pm, and the second is on January 23 at 5:30pm.

*Thank you to all our Business Members
for your amazing support!*

The Kid's Kloset



This will be a place where families can find things such as a seasonally appropriate coat, a pair of shoes that fit, school supplies and books, developmental toys, or other items that a child living in poverty might need. We're looking for high-quality new and like-new, donated items appropriate for children, ages newborn to 12 years old. Please help us stock The Kids' Kloset, either through direct donations or by hosting a collection drive at home or at work. You can donate online at: [Donate | The Center \(thecenteronrosser.org\)](https://www.thecenteronrosser.org)

Our target date to have the Kid's Kloset stocked & ready to go is March 1, 2024!

Thank you for your support!

Become a Board Member!

We invite you to join us on March 20, 2024 at 10:00 am for a meeting that will provide you with the opportunity to introduce yourself to the current Board members, share your perspectives, and gain a better understanding of the responsibilities and expectations associated with being a Board member. If you are interested, please send your bio to Kathy McFadden at kmcfadden@adultcenter.org by March 1, 2024. Your submission will enable the Board to gain insights into your qualifications and enthusiasm for the role.



Volunteer at The Center! We are always looking for volunteers to help with events, games & activities, class instruction, seminars & even Board Members! Volunteer applications can be found on our website at www.thecenteronrosser.org/volunteer

January Activities At-A-Glance

Please refer to the Calendar on our website for details.

- Tuesday, 1/9..... Senior Referral Network
- Thursday, 1/11 Strategic Network Partners
- Monday, 1/15 Center Closed for MLK Day
- Wednesday, 1/17..... Social Security Seminar
- Wednesday, 1/17..... AZ Territorial Society
- Monday, 1/22 NEW Class! - Belly Dancing
- Tuesday, 1/23 Social Security Seminar
- Wednesday, 1/24 Chef Demo
- Tuesday, 1/30..... Rev. Mortgage Lunch & Learn

BRIDGE PLAYERS

Save the Date



**PRESCOTT
SECTIONAL**

June 21-23, 2024

January Events & Activities

Day	Program/Activity	AM/PM	Members
The Center will be closed 1/1 for the New Year's Day & 1/15 for MLK Day- No Classes or Activities			
MONDAY	Movin' w/June (1/1 & 1/15 - CANCELLED)	8:30 AM	\$8
	In the Middle Line Dance w/Cindy (1/1 & 1/15 - CANCELLED)	9:30 AM	\$8
	Jewelry Cleaning & Watch Repair w/Raskins Jewelers (1/15 - CANCELLED)	11:00 am	Free
	ZUMBA w/Stacey (1/1 & 1/15 - CANCELLED)	11:00 AM	\$8
	Hand & Foot Canasta (1/1 & 1/15 - CANCELLED)	12:00 PM	\$5
	ACBL Sanctioned Bridge (1/1 & 1/15 - CANCELLED)	12:00 PM	\$7
	Non-Sanctioned Bridge (1/1 & 1/15 - CANCELLED)	12:00 PM	\$6
	Yoga for Peace & Vitality w/Roma (1/1 & 1/15 - CANCELLED)	12:15 PM	\$8
	Sr. Beginning Rebounding Class w/Dr. Kimberley (1/1 & 1/15 - CANCELLED)	1:00 PM	\$25
	Tai Chi & Qigong w/Roma (1/1 & 1/15 - CANCELLED)	1:30 PM	\$8
	Beg. Intermediate Rebounding Class w/Dr. Kimberley (1/1 & 1/15 - CANCELLED)	1:45 PM	\$25
	Belly Dance Class w/Kirsten (Starts 1/22)	3:00 PM	\$9
TUESDAY	All Levels Yoga w/Katy	8:40 AM	\$9
	Meditation w/Peg	9:00 AM	\$5
	Basic Beginner Line Dance w/Cindy (Cancelled 1/16)	10:00 AM	\$8
	Weights w/Balls & Chair w/Katy Kolasa	10:00 AM	\$9
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Chair Yoga w/Joy	11:15 AM	\$9
	Reversed Mortgage Lunch & Learn (See calendar to register) (1/30)	11:30 AM	Free
	ACBL Sanctioned Bridge	12:00 PM	\$7
	Intermediate Line Dance w/Barb (Cancelled 1/9)	3:00 PM	\$8
	Senior Referral Network (1/9)	5:00 PM	Free
	Arizona 2-Step Lesson w/Dawn	5:15 PM	\$8
	Social Security Seminar (1/23)	5:30 PM	Free
	Practice/Coaching w/Pam (1/30)	6:30 PM	\$15
WEDNESDAY	Yoga w/Janet Fine (Starts 1/17)	9:00 AM	\$8
	Strength & Balance w/Joy	9:30 AM	\$8
	Zumba Gold w/Kay	10:00 AM	\$8
	Mat Pilates w/Denise	10:30 AM	\$8
	All Levels Yoga w/Katy	11:00 AM	\$9
	Intermediate Line Dance w/Diane	11:45 AM	\$8
	ACBL Sanctioned Bridge	12:00 PM	\$7
	AZ Territorial Society - "Medicine in the 1800s"	1:00 PM	Free
	Chef Demo - New England Clam Chowder (1/24)	2:30 PM	Free
	West Coast Swing w/Dawn	5:15 PM	\$8
	Social Security Seminar (1/17)	5:30 PM	Free

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$10.50 to \$ 12

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$ 10.50 to \$ 12

Day	Program/Activity	AM/PM	Member Fee
THURSDAY	Strategic Network Partners (1/11)	7:30 AM	Free
	Movin' W/June	8:30 AM	\$8
	All Levels Yoga w/Katy	8:40 AM	\$9
	Beginner Line Dance w/Sandi	10:00 AM	\$6
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Blood Pressure Checks (1/11)	11:00 am	Free
	BINGO - Games start at 1:30 pm, Doors open at Noon	12:00 PM	Per Game
	Chair Yoga w/Joy	12:00 PM	\$9
	Hand & Foot Canasta	12:00 PM	\$5
	American Mahjonn - Beginners Welcome	1:00 PM	\$5
FRIDAY	ZUMBA Gold w/Kay	10:00 AM	\$8
	ACBL Sanctioned Bridge	10:00 AM	\$7
	Balance & Stretch w/Katy	11:15 am	\$8
	Intermediate Line Dance w/Diane	11:45 AM	\$8
SA/SU	Union Church Services (Sundays)	10:00 AM	Free
	Ronnie Dance (1/20)	6:30 PM	\$15

Activities in BLUE are eligible for Silver Sneakers. Renew Active & Silver & Fit!

Subject to cancellations-Check our website for updates-www.thecenteronrosser.org

The fitness programs below are all welcome at The Center!



Personal Trainer Now Available in the Fitness Center!



Fitness Center Hours:

Monday-Thursday 8:30am-5:00pm
 Friday 9:00am-2:00 pm
 Saturday & Sunday CLOSED

Fitness Center Rates:

Members: \$15/Mo. - \$75/6 Mos. - \$120/Yr.
 Non-Members: \$10 per Day

Personal Training

Call Joy for Information: 928-642-4002

2024

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Happy New Year from The Center!

www.thecenteronrosser.org



Keep active at The Center!

Dance & Fitness Classes

Zumba | Line Dancing | Swing | Ballroom | Waltz
Yoga | Pilates | Tai Chi | Strength & Balance | More!

www.thecenteronrosser.org

Events at The Center to watch for in 2024!

January.....Volunteer Appreciation Lunch
FebruarySpaghetti Fundraiser for Kid's Kloset
March.....Easter Bazaar & Family Fun Day
April.....Murder Mystery Theater
May.....Casino Night & Silent Auction
June.....Healthy Lifestyle Expo
JulyFirst Responder's BBQ
AugustTime for Teachers Craft Show
September.....The Center's Got Talent Show
OctoberFamily Fall Craft Fair

**Subject to change - please check our website for current information.*



Connecting Senior Service & Care Providers



Join us for the Senior Referral Network January 2024 Event!



Tuesday, January 9th, 2024 | 5:00pm-7:00pm

**The Center
1280 E Rosser Rd., Prescott, AZ 86301**

Join us for the Senior Referral Network January Event. If you are a part of the Senior Services Industry, caring for a loved one, or a care provider and want to network with like-minded individuals, you don't want to miss this!

RSVP: seniorreferralnetwork.org/events

**(928) 227-8788
seniorreferralnetworkaz@gmail.com
seniorreferralnetwork.org**



Back in 2024!

Speaker Series at The Center

*please
join us*

January 17 .. Medicine in the 1800s

February 21 .. Sports in Prescott

March 20 .. TBA

April 17 .. Pauline O'Neill

May 15 .. World's Oldest Rodeo

June 19 .. AZ Cowboys Poets Gathering

July 17.. Baby on the Bar

August 21 .. Who is Don Maguire

September 18 .. Hauntings

October 16 .. My Life at the Phantom Ranch

November 20 .. Skull Valley

All Programs are Free and start at 1:00 pm

Advertisers

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Is hearing better in 2024 your New Year's Resolution?

Are you interested in improving your quality of life, mental sharpness, physical and social activity?

Ring in the new year with better health and hearing!

Isn't it time to get your hearing assessed to see if you have a hearing loss? Wouldn't it be nice to hear your spouse instead of saying "what" 20 times a day or pretending to know what they said? We often say, "oh that's selective hearing" and laugh it off. In reality it could be a hearing loss. Make an appointment at one of our two convenient locations in Prescott or Prescott Valley to determine if you have a hearing loss. Start 2024 off on the right ear!



PRESCOTT
Hearing Center
Simply better, from the start

928-899-8104 www.prescotthearing.com

3108 Clearwater Drive, Ste B2, Prescott, AZ 86305

7762 E Florentine Rd, Ste D, Prescott Valley, AZ 86314



DOUG



PAULA



KIM



If you would like to advertise with us & help support the community, call 928-778-3000 for rates!



BRONZE BUSINESS MEMBER

The Grand Canyon Education Academy provides financial education programs for companies and organizations that want their people to enjoy a more financially secure future. When employees and members are more sure of their future and working toward their goals through a sound game plan, they are more productive in the workplace.

Our Financial Literacy workshops cover a wide variety of informative, inspiring and enjoyable topics for one and all, including, but not limited to:

- Social Security Explained
- Social Security Claiming Strategies
- Women Approaching Retirement and Beyond
- Social Security for Divorced Women
- Retirement Basics for Women
- Strategies for a Lifetime Income in Retirement
- Exploring Your Options for a Quality Retirement
- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

Upcoming Social Security Seminars at The Center

www.thecenteronrosser.org

Next classes in January:

January 17.....5:30pm

January 23.....5:30pm

Check the Calendar on The Center's Website to verify times and dates.




www.grandcanyonedu.com

Advertisers & Info

INMAN LAW PLLC
Elder Law, Estate Planning & Probate
Guardianships & Conservatorships

CHRIS A. INMAN
Attorney at Law

Chris@InmanLawAZ.com



phone (928) 445-1514 | 923 East Gurley Street, Suite 202
fax (928) 492-1099 | Prescott, Arizona 86301

SCHOTT FINANCIAL
MANAGEMENT

Steve Schott
Registered Representative
CA Insurance Lic. #0H23992

824 Valley Street
Prescott, AZ 86305

928.776.1031 Phone
928.778.6584 Fax

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Dave Hummel

Director of Care

Prescott (928) 642-4683

Mobile (480) 390-7305

Email: dave@cardinalhomecare.com

www.CardinalHomeCare.com

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The Center Staff

Kathy McFadden - CEO
Brian Sebring - Sr. Facilities & Events
Drew Barbaresi - Facilities & Events
Nancy Barber - Admin Assistant II
Julia Rulla - Marketing & Communications
Christi Carlson - Marketing, Membership & Volunteers

Board of Directors

Ana Maria Fraijo - President
Irene Winter - Vice President
Sherry Huffman - Treasurer
Helene Schaffer - Secretary
Becky Cochell - Member
Mary Ann Suttles - Member
Irene Beitz - Member

Follow us 😊



Hours

Monday - Thursday: 8:30 am - 5pm
Friday - 9:00 am - 2:00 pm
Saturday: By Event Sunday: Closed

Holiday Closures

January 1 - New Years' Day
January 15 - MLK Day



The Center

1280 E. Rosser Street
Prescott AZ 86301 | 928-778-3000
www.thecenteronrosser.org