

The Center Piece

January 2023



happy **TWO THOUSAND TWENTY-THREE!!**



Celebrate the New Year at The Center!

Make The Center in beautiful Prescott the venue for your January event! With elegant options, first class catering, and accommodations for banquet seating up to 300, this is the perfect location for any celebration.

Rental Selections

Ballroom ● Studio ● Activity Room
Meeting Room ● Community Room

Set Up Options

Theater ● Banquet ● Reception
Half Rounds ● Class Room ● Card Tables

Call for pricing & availability today!

On The Inside

Business Member
Spotlight



January Activities



New Activities
in January!



Big Bingo News!

Coming Up

January 23

Pancake Breakfast

February 14

Sweethearts & Friends
Dance

March 2

Green Eggs & Ham
Breakfast

April 8

Easter Egg Hunt

From the CEO

From everyone at The Center we are wishing you a healthy and happy 2023!

The last couple of years have been a challenge for everyone during the pandemic. However, due to the hard work of our staff, volunteers and sponsors, The Center has remained a wonderful place for recreation, support and activities. We consistently have worked to present new offerings for our members, while ensuring we continue to maintain a high level of quality in all of our programs and activities.

The Center has met challenges of recent years to emerge even stronger, and I believe that the way forward is through community, through joining groups and families together. This became apparent to me at our Christmas Show; the following story shows you how your support helps those in our community.

A very young family came in with a little girl who wanted to see Santa, she was so disappointed when told that Santa was on a break. Her mom leaned down and said, "Honey I don't think we have time to wait for Santa, do you really want to see him?" The girl responded, "yes, yes I do mommy." Her dad interjected that they really needed to go and couldn't wait. I assured them that Santa would only be gone a few minutes and that she would also receive a gift from Santa. After a bit of conversation they stayed and waited for Santa.

The little girl stood in the hall waiting, distracted by all the things on the table in the hallway. Suddenly, she looked up as Santa was coming down the hall and with complete surprise and overwhelming joy, she started to jump up and down saying, "Santa! Santa! Santa! It's SANTA!"

He said "hi" to her and proceeded to the front room. While the parents were filling out paperwork for the photographer, the little girl stood outside the room with an expression of awe. Santa was actually there. She visited with Santa for a very long time and at the end of the visit Santa handed her a present. The family left the room and the little girl opened the package immediately outside the doors; she had received a doll. I asked her if she had gotten doll and she said "No, I got the very bestest doll in the whole wide world and I received it from SANTA!" Her parents told me that she did not have a doll and that this was the first brand new toy she had ever received and that it perhaps would be her most prized possession.

This was the highlight of the show for me: seeing that we as a group hosted an event that provided entertainment, fun, shopping, food and a sense of community.

Without the help of the volunteers and staff, and without YOUR SUPPORT in provided these toys, we would not have been able to provide this joyful moment in this little girl's life.

We often don't see the bigger picture. In working together to strengthen The Center, we are also bringing positivity to those in OUR COMMUNITY.

I cannot wait to see all the things that we can accomplish together next year!

Upcoming Events

We all know someone who needs to get out more and be around other people. Some are still in their pandemic blues or just spending too much time at home alone. Others know about The Center, and have not visited yet. There are also those who have recently lost a loved one and are struggling to find a new path forward. Invite someone to visit The Center this month. We have our amazing recurring classes along with some great new events, activities & classes to attend!

- ◆ Join us Mondays and Thursdays at 5:00pm for an all-inclusive computer class focusing on WORD.
- ◆ On Thursday's at 4:00pm join our new class in Conversational Spanish.
- ◆ Beginning on January 10th, our first ever Cake Decorating class meets at 10:30am. Children can attend free with a paying adult!
- ◆ Saturday, January 21st we have an amazing Dance Workshop starting at 1:30pm & a Dance Social from 6-9:00pm.
- ◆ Monday, January 23rd, come meet new people and mingle at our Pancake Breakfast at 10:00am.
- ◆ A new Bingo session starts January 23rd on Mondays! Doors open at 11:00am, games start at 12:30pm.
- ◆ RSVP early for our Friends and Sweetheart Valentine Dinner and Dance on February 14th with live music from Mood Swing!

As we reflect on all the reasons we should be thankful entering the New Year, it is an honor for us to serve you, the members of The Center. Your spirit of fellowship fills the building each day and we appreciate your support. We look forward to working with you again in 2023 and continuing to make The Center a preeminent cultural and recreational resource in the Tri-City Area.

Kathy McFadden

Business Member Spotlight



Everyone is Unique.



That's why at iCARE Adult Day Center, we design our care and activities around the personal needs of each individual who is a part of our Center. Our goal is to maintain and improve the well-being of our participants through physical care,

nutrition, social activities and therapy in a safe environment.

Families will gain peace of mind knowing their loved one is surrounded by a care team of talented, engaging and experienced team members. We share their love, compassion and support with participants.

We believe in taking extra measures to ensure a safe environment with on-site, daily health monitoring and medication management by our licensed nurse.

At iCARE Adult Day Center, we understand that we MUST value and appreciate our care team for them to focus their talents and excitement with those they care for. Providing a supportive working environment for our team through training opportunities, soliciting and incorporating our team's feedback and hands on insight helping us to excel, expand and develop the Center's culture and care services.

We invite you to schedule a tour and visit with our team. You'll see firsthand why iCARE Adult Day Center is Exceptional Care. Inspired by Kindness.

SILVER
BUSINESS MEMBER



Ongoing Activities

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

| Program/Activity | Day & Time |
|------------------------------------|---|
| Movin' w/June | 8:30 am Mondays & Thursdays - CANCELLED 1/2 & 1/16 |
| In the Middle Line Dance | 9:15 am Mondays - CANCELLED 1/2 & 1/16 |
| Tap Dance Group | 10:30 am Mondays & Wednesdays - CANCELLED 1/2 & 1/16 |
| Hand & Foot Canasta | 12:00 pm Mondays & Thursdays - CANCELLED 1/2 & 1/16 |
| ACBL Sanctioned Bridge | 12:00 pm Mondays/Tuesdays/Wednesdays - CANCELLED 1/2 & 1/16 |
| Non-Sanctioned Bridge | 12:00 pm Mondays - CANCELLED 1/2 & 1/16 |
| Yoga for Peace & Vitality | 12:00 pm Mondays - CANCELLED 1/2 & 1/16 |
| Tai Chi & Qigong | 1:15 pm Mondays - CANCELLED 1/2 & 1/16 |
| Mat Pilates | 3:00 pm Mondays - CANCELLED 1/2 & 1/16 |
| East Coast Swing w/KJ | 5:30 pm Mondays - CANCELLED 1/2 & 1/16 |
| All Levels Yoga w/Katy | 8:40 am Tuesdays & Thursdays /11:00 am Wednesdays |
| Meditation | 9:00 am Tuesdays |
| Basic Beginner Line Dance | 10:00 am Tuesdays w/Cindy |
| Yoga-Back/Sciatica w/Dinah | 10:00 am Tuesdays |
| Tai Chi Chuan w/Bryan | 10:30 am Tuesdays & Thursdays |
| Chair Yoga w/Dinah | 11:15 am Tuesdays |
| Intermediate Line Dance w/Barb | 3:00 pm Tuesdays |
| Waltz Dance Lesson w/Dawn | 5:15 pm Tuesdays |
| Yin Gentle Row Yoga w/Janet | 9:00 am Wednesdays |
| Strength & Balance w/Denise | 9:40 am Wednesdays |
| Mat Pilates w/Denise | 10:30 am Wednesdays |
| Intermediate Line Dance w/Diane | 11:45 am Wednesdays |
| Contract Bridge | 12:30 pm Wednesdays |
| Zumba w/Kay | 2:30 pm Wednesdays |
| Intermediate W. Coast Swing w/Dawn | 5:15 pm Wednesdays |
| American Mahjongg | 1:00 pm Thursdays |
| BINGO | Doors Open at Noon, Games Start at 1:30 pm |
| Beginner Line Dance | 10:00 am Thursdays w/Sandi |
| Heal w/Yoga & Qigong w/Roma | 12:15 pm Thursdays |

Visit our website at www.adultcenter.org for more information

New January Activities & Events!!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|--|---|---|
| 2  | 3 5:00pm-Beginning WORD Class - \$15 | 4 | 5 4-5pm-Conversational Spanish 5:00pm-Intermediate WORD Class - \$15 |
| 9 5:30pm-East Coast Swing w/KJ | 10 10:30am-Cupcake Decorating Class-\$10-Call for Supply List Free for homeschoolers w/ paid adult 5:00pm-Beginning WORD Class - \$15 | 11 10:00am-Volunteer & Donor Appreciation Brunch | 12 1:30pm-Cryptogram Presentation w/Bill Hazelwood 4-5pm-Conversational Spanish 5:00pm-Intermediate WORD Class - \$15 |
| 16  | 17 5:00pm-Beginning WORD Class - \$15 | 18 11:00am-Euchre 6:00pm-Social Security Workshop w/Grand Canyon Education | 19 4-5pm-Conversational Spanish 5:00pm-Intermediate WORD Class - \$15 |
| 23 10:00am-Pancake Breakfast 11:00am-Euchre 11:00am-Doors Open for BINGO 12:30pm-BINGO Starts 5:30pm-East Coast Swing w/KJ | 24 5:00pm-Beginning WORD Class - \$15 6:00pm-Social Security Workshop w/Grand Canyon Education | 25 11:00am-Euchre 2:30pm-Chef Demo - Super Bowl Party Foods | 26 4-5pm-Conversational Spanish 5:00pm-Intermediate WORD Class - \$15 |
| 30 11:00am-Euchre 11:00am-Doors Open for BINGO 12:30pm-BINGO Starts 5:30 pm-East Coast Swing w/KJ | 31 1:15-2:15pm - Desert Financial presents "New Concepts for Long Term Care" - Free Seminar | Weekends in January!! 1/21 - A Day of Dance (See reverse) | |

A Day of Dance

with Tim Perez & Dawn Wilson

January 21, 2023



1:30pm-45 minutes-\$18

Cuban Motion w/Dawn or Men's Styling w/Tim

2:30pm-1 hour-\$20

**Beginner's West Coast Swing w/Dawn or
Nightclub 2-Step w/Tim**

3:45pm-1 hour-\$20

Intermediate West Coast Swing w/Dawn & Tim

5:00pm-1 hour-\$20

Progressive 2-Step w/Dawn & Tim

6:00 - 9:00pm-\$15

Dance Social & Pizza Party

**Register with The Center for 4 Classes & pay
just \$80 for the entire event!**

1280 E. Rosser St., Prescott | 928-778-3000 | www.adultcenter.org

READY.....SET.....

BINGO!

Starting **January 23, 2023**

The Center will be offering **BINGO**

TWICE a week with
the following schedule:

Mondays

Doors open:

11:00 am

Game Starts:

12:30 pm

Thursdays

Doors open:

12:00 pm

Game Starts:

1:30 pm

Mark Your Calendars!

PANCAKE BREAKFAST

Join us for a delicious Pancake
Breakfast at The Center!

January 23, 2023
8am - 10am

1280 E. Rosser Street | Prescott
928-778-3000
www.adultcenter.org

All are Welcome!



\$10
per person

UPCOMING EVENTS

Sweethearts & Friends Dinner & Dance

"Mood Swing Band"

February 14, 2023
4:00pm - 8:00 pm

Dinner 4:00pm - 6:00 pm
RSVP for Tables of 2, 4, 6 or 8
Required by February 8

Tickets: \$40 each
Dinner, Dessert & Dancing

Dessert & Dancing
6:00pm - 8:00 pm
Tickets: \$15 each



280 E. Rosser Street | Prescott
RSVP & Tickets:
78-3000 or www.adultcenter.org

GREEN EGGS AND HAM



\$10
per person

You
could not, would
not, want to miss,
a birthday breakfast
such as this!

We're celebrating
Dr. Seuss's Birthday
on March 2, 2023.
8AM - 10AM
Join us for
Green Eggs & Ham!



1280 E. Rosser Street | Prescott | 928-778-3000 | www.adultcenter.org

Bring the kids and join us
at The Center!

Visit with the
Easter Bunny!

Snacks

Prizes

Games

Face Painting



Free Easter Egg Hunt



April 8, 2023 • 11am-1pm

1280 E. Rosser St. | Prescott | 928-778-3000
www.adultcenter.org

GRAND OPENING

Ribbon Cutting

7762 E FLORENTINE RD PRESCOTT VALLEY



- Free Hearing Assessments
- Ear Wax Removal
- Assistive Listening Services
- Live Speech Mapping
- Speech in Noise Testing
- Tinnitus Help
- Personalize Care

THURSDAY, JANUARY 26TH

TIME: 11–1:00PM



- Memory Care
- Companionship Care
- Fall and Injury Prevention
- Veteran
- Home Care Services
- Specialize Care
- Wellness

New Location

Prescott Valley Chamber
Light Refreshments, Raffles and more!

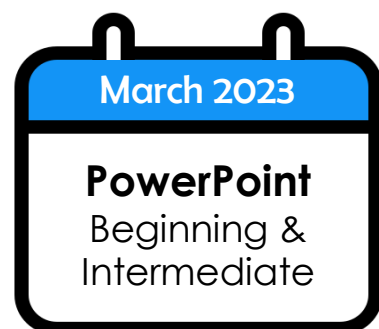
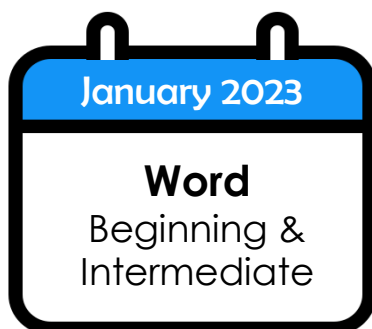
Prescott Hearing Center 928-899-8104 | SYNERGY Home Care 928-515-3318

www.prescotthearingcenter.com | synergyhomecare.com/prescott

Prescott Hearing Center (Two Locations)

Computer Classes in 2023!

**Word • Excel • PowerPoint • Publisher
Outlook • Gmail • Create a Website**



*Bring your laptops and learn something new or
just brush up on your skills!*

Classes are \$15 each or \$50/4 and will be held from
5 - 6:00 pm on Tuesdays and Thursdays.
Visit our website for class schedules and to register at
www.adultcenter.org

Become a Business Member

Our goal is to provide benefits such as discounts on room rentals for your events, advertising with The Center, a dedicated space for your meetings, priority status to Center events and an opportunity for you to connect with the community and grow your referral sources. We're here for you!



| Platinum \$2500 | Gold \$2000 | Silver \$1500 | Bronze \$500 |
|---|---|---|--|
| <ul style="list-style-type: none"> Online listing in our business directory 20% discount on member events 40% discount on member advertising (Newsletter/Web) 20% discount on room rentals for your events Priority status to sponsor events at The Center Tickets to 8 member events per year 1-2 Hours per month member dedicated room time 1 Complimentary seminar per month | <ul style="list-style-type: none"> Online listing in our business directory 15% discount on member events 25% discount on member advertising (Newsletter/Web) 15% discount on room rentals for your events Priority status to sponsor events at The Center Tickets to 4 member events per year 1-2 Hours per month member dedicated room time 1-2 Complimentary seminars per year | <ul style="list-style-type: none"> Online listing in our business directory 10% discount on member events 15% discount on member advertising (Newsletter/Web) 10% discount on room rentals for your events Priority status to sponsor events at The Center Tickets to 2 member events per year 1 Hour per month member dedicated room time | <ul style="list-style-type: none"> Online listing in our business directory Priority status to sponsor events at The Center Your business information placed in member room for one year. Information exchanges or updates are allowed as needed |
| | | | Basic \$250 <ul style="list-style-type: none"> Online listing in our business directory Business cards displayed in member room |

The Center invites you to join our Business Membership Program.

For more information on how you can become a Business Member & benefit from the program, call Kathy McFadden at 928-778-3000. See how you can start building your referral sources and expanding your business relationships today!

Membership packets are also available on our website at www.adultcenter.org.

Advertisers & Info

Susan Drysdale, PhD

Specializing in Grief, Transition, and Loss Issues

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Depression, Anxiety, Relationship problems, Medical issues,
Addictions, Senior Citizen issues, Stress-related symptoms

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Call today for a quote
928-379-0163 - Andrew McFadden

Prescott Hearing Center Is Growing



Prescott Hearing Center is pleased to announce that we have now opened a new hearing office in Prescott Valley. The new location is located at 7762 E Florentine Rd. Ste D in Prescott Valley. This office will be open Monday-Thursday 9am-5pm and Friday 9am-2pm.

Doug Dunker, owner, and Hearing Aid Specialist for over 20 years and Paula Whitley, our Patient Care Coordinator with seven years of experience in hearing healthcare and over 15 years in office management are looking forward to the growth and development of Prescott Hearing Center.

Patients will have the opportunity to choose either the Prescott or Prescott Valley location when they call in to make an appointment. We are looking forward to the opportunity to help more people with their hearing needs!



DOUG

928-899-8104
3108 Clearwater Drive, Ste B2
Prescott, AZ 86305
7762 E Florentine Rd, Ste D
Prescott Valley, AZ 86314



PAULA

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Dave Hummel
Director of Care

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Mobile (480) 390-7305

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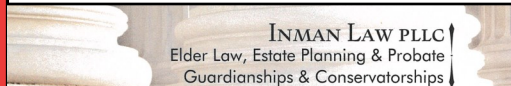
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CHRIS A. INMAN
Attorney at Law

Chris@InmanLawAZ.com



phone (928) 445-1514 | 923 East Gurley Street, Suite 202
fax (928) 492-1099 | Prescott, Arizona 86301

If you would like to advertise with us & help support the community, call 928-778-3000 for rates!

The Center

1280 E. Rosser Street, Prescott AZ 86301
928-778-3000 | www.adultcenter.org

Hours

Mon - Thurs: 8:30 am - 4pm
Fri/Sat/Sun: Closed

Upcoming Holiday Closures

January 2 (New Year's Observed)
January 17 (Martin Luther King Day)

Staff

Kathy McFadden - CEO
Carolyn Hollon - Administrative Assistant III
Brian Sebring - Sr. Facilities & Events
Drew Barbaresi - Facilities & Events
Nancy Barber - Administrative Assistant II
Christi Carlson - Marketing & Events
Julia Rulla - Marketing & Communications

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Board of Directors

Ana Maria Fraijo - President
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Becky Cochell - Member
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