

The Center Piece

July 2024



Coming Soon



July 10

First Responder's
BBQ Lunch

August 23

Casino Night

October 18&19

Fall Family
Craft Fair

Time for Teachers

Craft Fair



July 20 - 9am to 2pm

Teachers: Provide school identification and enter to win FREE school supplies and/or backpacks for your kids for the 24/25 school year! Giveaways every 30 minutes!

Our vendors will be offering:

- | | | |
|------------------------|-------------------|--------------------|
| ✓ Back to School Items | ✓ Art & Candles | ✓ Jewelry |
| ✓ Woodworking | ✓ Household Items | ✓ Scarves & Gloves |
| ✓ Home Décor | ✓ Items for Pets | ✓ Games & Toys |
| ✓ Soaps & Lotions | ✓ Quilts & Throws | ✓ Etc. |

We'll have Crafts for Kids to do!!

Food trucks will be available for our vendors & visitors!

FREE ADMISSION!



1280 E. Rosser Street
Prescott | 86301
928-778-3000



We still have room! Vendors can register online at www.thecenteronrosser.org on the Homepage under Events!



The Center will be closed July 4th & 5th in observance of the Independence Day Holiday. No classes, activities or events will be held.

From the CEO



Happy 4th of July! As we gather to celebrate this patriotic holiday, we reflect on the values of freedom, unity, and community that are at the heart of our Nation. The 4th of July is a time to come together, honor our history, and appreciate the contributions of those who serve and protect our country. At The Center, we strive to embody these same values through our programs, events, and the strong sense of fellowship we foster among our members.

I want to extend my sincere gratitude for your patience and understanding as we have navigated building repairs, resulting in the closure, cancellation, or relocation of some of our classes. Your support during these adjustments has been invaluable. Additionally, thank you for your flexibility when we need to move or cancel your class to accommodate rentals. These rentals are essential for securing the funding that allows us to continue serving our community and keeping the center open.

We are thrilled to announce two exciting events this month!

First Responder BBQ on July 10th: We invite you to join us in honoring our local heroes. If you would like to donate to the lunch or volunteer at the event, please let us know.

Time for Teachers Craft Fair on July 20th: This event celebrates our dedicated educators. Teachers will have the opportunity to receive free school supplies, with giveaways happening every half hour during the fair. Teachers, please bring your ID to receive a raffle ticket for the supply giveaways.

Additionally, we are excited to announce our Casino Night, a fundraiser for The Center. We need to raise funds to continue our programming, and your participation is crucial. Please consider purchasing tickets and inviting your friends and family for a night of fun and support for a great cause.

As we continue to grow, we deeply appreciate your ongoing support and involvement in fostering and expanding the classes and activities at the center. Wishing you a wonderful Independence Day and looking forward to seeing you at our upcoming events!

Kathy McFadden

SCHOOL SUPPLY DRIVE

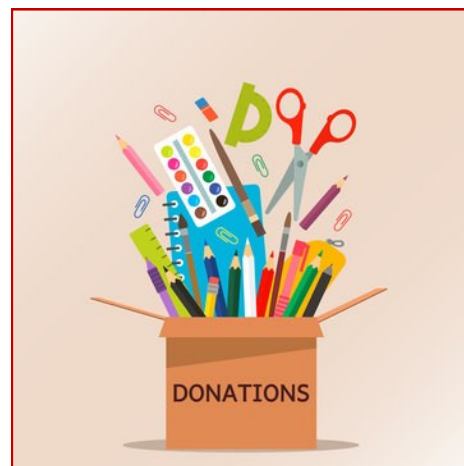
for Teachers!

On July 20th, The Center will be hosting a Craft Show, "Time for Teachers" from 9am-2pm.

While it will be a craft show with vendors offering arts & crafts, home décor, jewelry, etc., it will also provide an opportunity for the teachers in our community to obtain much-needed school supplies for their classrooms for the 24-25 school year at no charge to them.

During the month of June, The Center will be taking donations for the following items:

- ✱ Pens/Pencils/Markers/Crayons/Highlighters
- ✱ Glue Sticks/Elmer's Glue/Scotch Tape
- ✱ Scissors/Ziplock Bags
- ✱ Spiral Notebooks/Z-pocket Folders
- ✱ Antiseptic Wipes/Tissues/Hand Sanitizer
- ✱ Post-It Notes-All Sizes/Index Cards
- ✱ Erasers/White Out Tape
- ✱ 1 and 2-inch Binders
- ✱ Reams of Paper/Cardstock
- ✱ Paper Clips/Binder Clips
- ✱ Sheet Protectors/Tab Dividers



Cash donations are also welcome and can be made online at www.thecenteronrosser.org/donate. Donations will be accepted at The Center, 1280 E. Rosser Street, starting June 3rd, and a list of additional drop-off locations will be posted on our website by June 7th.

If you have any questions, please don't hesitate to give us a call! 928-778-3000.

Thank you in advance for our teachers and our kids!



Business Member News & Events

Welcome new Business Member!
Yavapai Gaming Agency - Gold Level



We are hiring for a front desk patient care coordinator in our Prescott Valley office. Call our office for more details at 928-899-8104.



Free Social Security Seminars at The Center. Dates are July 17 and July 23 at 6:00 pm. We hope to see you there!

2024 Business Members

Executive Platinum



Platinum



Gold



Bronze



Basic





July 10th | 11:00 am - 1:00 pm



1280 E. Rosser Street | 928-778-3000
www.thecenteronrosser.org

Join us at The Center so we can show our appreciation for all you do for our community!



Join us for The Center Connect, an informative and engaging event where you can learn all about The Center! Whether you're a current member or considering joining,

this is a perfect opportunity to discover more about our membership options, programs, and activities. Our team will be available to answer any questions you may have and provide insights into how you can get the most out of your experience with us. Don't miss this chance to connect with our community and explore everything The Center has to offer!

**Next Meeting:
 July 22 at 11:00 AM**



Friday, August 23
 5:00 - 9:00 pm

Tickets: \$50
 1 Drink Ticket + \$100 in Chips

Games | Silent Auction | Raffle
 Appetizers | Cash Bar
 Must be Age 21+

1280 E. Rosser Street in Prescott!
 Sponsor a gaming table! Call 928-778-3000.

Get Your Tickets:
www.thecenteronrosser.org



Join us for the Senior Referral Network August 2024 Event!



Tuesday, August 20th, 2024 | 5:00pm-7:00pm

The Center
 1280 E Rosser Rd., Prescott, AZ 86301

Join us at the Senior Referral Network's August Event! Whether you're a senior looking for specialized services, a caregiver aiding a loved one, or a professional in the Senior Services Industry seeking networking opportunities, this event is essential for you!

RSVP: seniorreferralnetwork.org/events

(928) 227-8788
seniorreferralnetworkaz@gmail.com
seniorreferralnetwork.org

July Events & Activities

Day	Program/Activity	AM/PM	Members
MONDAY	Movin' w/June	8:30 AM	\$8
	In the Middle Line Dance w/Cindy	9:30 AM	\$8
	Strength & Balance w/Joy (Cancelled 7/15)	9:30 AM	\$9
	Summer Art Class w/Corinna (7/1)	10:00 AM	\$25
	Country ZUMBA w/Stacey	11:00 AM	\$8
	Center Connect (7/22)	11:00 AM	Free
	Hand & Foot Canasta	12:00 PM	\$5
	ACBL Sanctioned Bridge	12:00 PM	\$7
	Non-Sanctioned Bridge	12:00 PM	\$6
	Integrated Exercise Yoga/Qigong/Pilates w/Roma	12:15 PM	\$8
	Raskins Jewelers - Cleaning & watch repair (7/15)	12:30 PM	Free
	Tai Chi & Qigong w/Roma	1:30 PM	\$8
	Beginning Radical Rebounding w/Dr. Kimberley	2:15 PM	\$25
	Intermediate Radical Rebounding w/Dr. Kimberley	3:00 PM	\$25
TUESDAY	All Levels Yoga w/Katy	8:40 AM	\$9
	Meditation w/Peg	9:00 AM	\$5
	Upper Body & Core Strengthening w/Joy - 1 Hour (Cancelled 7/16)	9:00 AM	\$5
	Harmony Flow Tai Chi w/Joy - 30 minutes	10:00 AM	\$5
	Basic Beginner Line Dance w/CindyLou	10:00 AM	\$8
	Weights w/Balls & Chair w/Katy Kolasa	10:00 AM	\$9
	Tai Chi Chuan w/Bryan	10:30 AM	\$8
	Chair Yoga w/Joy (Cancelled 7/16)	11:15 AM	\$9
	ACBL Sanctioned Bridge	12:00 PM	\$7
	Lunch & Learn w/Desert Fin. - 'Planning for Long Term Care' (7/30)	1:15 PM	Free
	Movin' w/June	1:30 PM	\$8
	Intermediate Line Dance w/Barb	3:00 PM	\$8
	Acrylic Pours w/Julia (7/23)	3:00 PM	\$15
	Country Waltz Lesson w/Dawn	5:15 PM	\$8
	Beginning W. Coast Swing w/Ronnie	6:30 PM	\$15/\$40
	Intermediate W. Coast Swing w/Ronnie	7:30 PM	\$15/\$40
	Social Security Seminar (7/23)	6:00 PM	Free
WEDNESDAY	Strength & Balance w/Joy	9:30 AM	\$8
	Zumba Gold w/Kay	10:15 AM	\$8
	Mat Pilates w/Denise	10:30 AM	\$8
	First Responders BBQ	11:00AM	Free
	All Levels Yoga w/Katy	11:00 AM	\$9
	Intermediate Line Dance w/Diane (Late start 7/17 - 12:15pm)	11:45 AM	\$8
	ACBL Sanctioned Bridge	12:00 PM	\$7
	AZ Territorial Society - "Baby on the Bar" (7/17)	1:00 PM	Free
	Zumba Toning Class w/Stacey	1:30 PM	\$8
	Beginning Radical Rebounding w/Dr. Kimberly	4:45 PM	\$25
	West Coast Swing w/Dawn - No Classes in July	5:15 PM	\$8
	Intermediate Radical Rebounding w/Dr. Kimberly	5:30 PM	\$25
	Social Security Seminar (7/17)	6:00 PM	Free

Non-Member Price for Activities \$ 10 Non-Member for Bridge \$10.50 to \$12

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

Day	Program/Activity	AM/PM	Member Fee
THURSDAY	The Center will be closed 7/4 & 7/5 - No classes or activities will be held		
	Strategic Network Partners (Cancelled 7/4)	7:30 AM	Free
	Movin' W/June (Cancelled 7/4)	8:30 AM	\$8
	All Levels Yoga w/Katy (Cancelled 7/4)	8:40 AM	\$9
	Lwr. Body w/Back & Core Strengthening w/Joy - 1 hr (Cancelled 7/4 & 7/25)	9:00 AM	\$5
	Balance Class w/Joy - 30 Minutes (Cancelled 7/4 & 7/25)	10:00 AM	\$5
	Beginner Line Dance w/Sandi (Cancelled 7/4)	10:00 AM	\$6
	Tai Chi Chuan w/Bryan (Cancelled 7/4)	10:30 AM	\$8
	Blood Pressure Checks (7/11)	10:45 AM	Free
	BINGO - Games start at 1:30 pm, Doors open at Noon (Cancelled 7/4)	12:00 PM	Per Game
	Chair Yoga w/Joy (Cancelled 7/4)	12:00 PM	\$9
	Hand & Foot Canasta (Cancelled 7/4)	12:00 PM	\$5
	American Mahjongg - Beginners Welcome (Cancelled 7/4)	1:00 PM	\$5
FRIDAY	The Center will be closed 7/4 & 7/5 - No classes or activities will be held		
	ZUMBA Gold w/Kay (Cancelled 7/5)	10:15 AM	\$8
	Intermediate Line Dance w/Diane (Cancelled 7/5)	10:30 AM	\$8
	Balance & Stretch w/Katy (Cancelled 7/5)	11:15 AM	\$8
SAT/SUN	Time for Teachers Craft Fair (Saturday, 7/20)	9:00 AM	Free
	Ronnie Dance (Saturday, 7/20)	6:30 PM	\$15
	Union Church Services (Sundays)	10:00 AM	Free

Activities in BLUE are eligible for Silver Sneakers, Renew Active & Silver & Fit!

Non-Member Price for Activities \$10 Non-Member for Bridge \$10.50 to \$12

Attention Center Members!

We have had recent requests for the following activities:

- A Book Club Group
- A Model Car/Airplane Group
- A Pinochle Group
- A Writer's Club

If you're interested in joining, you can let Nancy know at the Front Desk, or give us a call at 928-778-3000.



Speaker Series at The Center

Programs are Free and start at 1:00 pm

Jul 17Baby on the Bar
 Aug 21Who is Don Maguire
 Sep 18Hauntings
 Oct 16My Life at the Phantom Ranch
 Nov 20Skull Valley

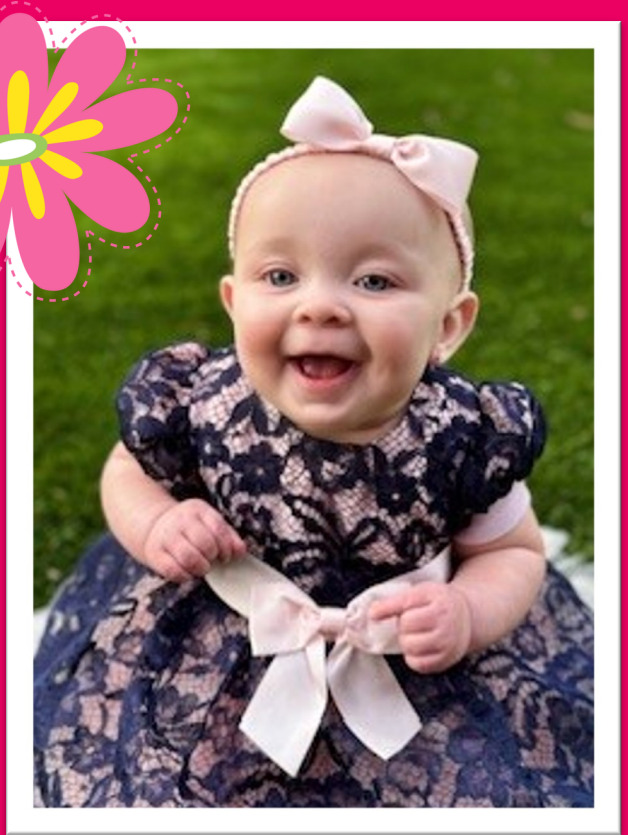
SELENA'S
TURNING

ONE!

We're having an Ice Cream Social to
celebrate the Birthday Girl!

When: July 22nd at 3:30 pm

Where: The Center
1280 E. Rosser Street
928-778-3000



Join Us!



The Kids Kloset is a program close to our hearts, aiming to provide support to families in need. By invitation, families can shop the Kloset for new or gently used clothing for children aged zero to 12. We are currently accepting donations of clothing to ensure that every child in our community has access to the essentials they need.

School starts on August 1 - just 4 weeks away, and your donations are more important than ever to help supply a child with what they need for the new school year. Donations are always accepted at The Center, or you can donate monetarily online at www.thecenteronrosser.org/donate.

Thank you for your support!

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Can Hearing Loss Always Be Prevented?



The simple answer is no. Hearing loss cannot always be prevented because there are different reasons why a person may lose some of their hearing. Sometimes it just comes with the aging process and sometimes there are other factors that cause hearing loss.

If you want to be pro-active with your hearing health, there are things you can do to help ensure you are taking the best precautionary measures against losing your hearing.

- Limit your exposure to loud noises. Using ear protection is a MUST if you work in a noisy environment or plan on attending a loud event, like a concert. Remember to give your ears a break and walk away from loud noises.
- Living a healthy lifestyle. Diet and exercise can play a key role with your hearing. As with any recommended healthy diet, stay away from the high

fatty foods, excess sugars, sodium, etc. and get yourself on a regular exercise plan. Yes, Diabetes is known to contribute to hearing loss.

• It's time to kick the smoking habit. Smoking and exposure to secondhand smoke can have a big impact on a person's hearing health. Smoking is known to not only contribute to poor health, but also hearing loss.

Just like getting an annual physical from your doctor is an important safeguard for your overall health, getting an annual hearing test will help you monitor any changes with your hearing. Give Prescott Hearing Center a call to schedule your next hearing exam. We are here to help you with all your hearing healthcare needs.



PRESCOTT
Hearing Center
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928-899-8104 www.prescotthehearing.com

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BRONZE BUSINESS MEMBER

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- Understanding 401K Rollovers
- Financial Blunders – Lessons We Never Learn
- I.D Theft
- Preparing for Long Term Care
- Taking Control of Your Cash – Eliminating Debt Tax Planning

Upcoming Social Security Seminars at The Center

www.thecenteronrosser.org

July 17.....6:00 pm
July 23.....6:00 pm
August 13.....6:00 pm
August 21.....6:00 pm

*Check the Calendar on The
Center's Website to verify
times and dates.*



www.grandcanyonedu.com

Advertisers & Info

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The Center Staff

Kathy McFadden - CEO
Nancy Barber - Admin Assistant II
Julia Rulla - Marketing & Communications
Drew Barbaresi - Facilities & Events
Cole Guffey - Facilities & Events

Board Meetings: Monthly - 3rd Wednesday - 10:00 am Board of Directors

Ana Maria Fraijo - President
Sherry Huffman - Vice President
Irene Winter - Treasurer
Helene Schaffer - Secretary
Becky Cochell - Member
Mary Ann Suttles - Member
Irene Beitz - Member

Follow us 😊



Hours

Monday - Thursday: 8:30 am - 5pm
Friday - 8:30 am - 12:00 pm
Saturday: By Event Sunday: Closed

Holiday Closure

**July 4th & 5th
for the
Independence Day Holiday**



The Center

1280 E. Rosser Street
Prescott AZ 86301 | 928-778-3000
www.thecenteronrosser.org